

Pl	Namn	Tid										
<b>H80 (3) 2600 m</b>			1(154)	2(150)	3(146)	4(57)	5(127)	6(139)	7(171)	8(200)	M	
1	Karleric Fransson Trollhättans SOK	51:16	3:50	11:08	17:30	26:36	34:33	42:50	49:23	50:32	51:16	
			3:50	7:18	6:22	9:06	7:57	8:17	6:33	1:09	0:44	
2	Bo Tyvik I 15 IF	1:18:35	4:13	12:32	25:23	42:58	53:24	1:04:46	1:14:43	1:17:24	1:18:35	51:36
			4:13	8:19	12:51	17:35	10:26	11:22	9:57	2:41	1:11	*128
	Arne Davidsson Ulricehamns OK	Ej godk.	6:28	16:25	27:24	1:00:46	1:18:31	----	----	----	1:52:06	1:12:55
			6:28	9:57	10:59	33:22	17:45				33:35	*128
<b>H75 (4) 2700 m</b>			1(156)	2(149)	3(146)	4(57)	5(127)	6(139)	7(170)	8(200)	M	
1	Sten Johansson OK Kullingshof	37:30	5:26	9:15	12:42	19:03	25:42	31:18	35:39	36:58	37:30	
			5:26	3:49	3:27	6:21	6:39	5:36	4:21	1:19	0:32	
2	Yngve Malmlöf Falköpings AIK OK	45:38	6:16	11:43	15:31	23:40	29:45	36:49	42:34	44:54	45:38	
			6:16	5:27	3:48	8:09	6:05	7:04	5:45	2:20	0:44	
3	Bertil Johansson Markbygdens OK	51:23	6:55	11:27	15:02	25:03	31:53	43:13	48:19	50:40	51:23	
			6:55	4:32	3:35	10:01	6:50	11:20	5:06	2:21	0:43	
4	Sven-Johan Persson IK Gandvik	1:04:21	7:44	15:16	21:16	31:25	42:36	54:58	1:01:40	1:03:30	1:04:21	
			7:44	7:32	6:00	10:09	11:11	12:22	6:42	1:50	0:51	
<b>H70 (4) 3600 m</b>			1(156)	2(149)	3(53)	4(63)	5(59)	6(127)	7(138)	8(171)	9(200)	M
1	Håkan Skogum Markbygdens OK	57:56	7:43	11:38	26:23	33:06	41:01	44:30	52:05	56:16	57:21	57:56
			7:43	3:55	14:45	6:43	7:55	3:29	7:35	4:11	1:05	0:35
2	Ingemar Holmberg IF Hagen	1:07:51	6:28	14:43	31:09	38:34	48:14	53:58	1:01:40	1:06:10	1:07:16	1:07:51
			6:28	8:15	16:26	7:25	9:40	5:44	7:42	4:30	1:06	0:35
3	Kurt Rydin OK Tranan	1:18:18	6:53	13:14	38:32	45:49	55:53	1:00:50	1:08:42	1:15:55	1:17:40	1:18:18
			6:53	6:21	25:18	7:17	10:04	4:57	7:52	7:13	1:45	0:38
	Göran Malmberg IK Gandvik	maxtid	----	----	----	----	----	----	----	----	----	
<b>H65 (11) 3800 m</b>			1(156)	2(146)	3(53)	4(63)	5(115)	6(138)	7(171)	8(200)	M	
1	Dag Lorén OK Frisene	48:45	4:15	11:02	18:46	24:55	36:49	43:16	47:05	48:15	48:45	
			4:15	6:47	7:44	6:09	11:54	6:27	3:49	1:10	0:30	
2	Lars Ljungberg Trollhättans SOK	49:41	4:29	9:18	16:28	21:15	35:37	41:58	47:50	49:13	49:41	
			4:29	4:49	7:10	4:47	14:22	6:21	5:52	1:23	0:28	
3	Roland Nilsson Falköpings AIK OK	51:44	4:32	9:09	15:38	20:16	40:37	46:59	50:20	51:16	51:44	
			4:32	4:37	6:29	4:38	20:21	6:22	3:21	0:56	0:28	
4	Kurt Fredrixon OK Skogshjortarna	52:43	8:18	14:46	23:24	29:12	41:09	47:29	51:24	52:14	52:43	
			8:18	6:28	8:38	5:48	11:57	6:20	3:55	0:50	0:29	
5	Olle Hermansson IK Ymer	54:29	5:41	11:52	22:47	28:24	41:35	48:07	52:46	53:53	54:29	
			5:41	6:11	10:55	5:37	13:11	6:32	4:39	1:07	0:36	
6	Ivan Ernvid Nitta IF	58:01	5:52	13:59	22:21	28:50	44:08	50:25	56:06	57:19	58:01	54:27
			5:52	8:07	8:22	6:29	15:18	6:17	5:41	1:13	0:42	*170
7	Rolf Gabriellsson Falköpings AIK OK	1:06:46	4:59	12:42	26:54	33:37	49:45	58:30	1:04:19	1:05:54	1:06:46	24:12
			4:59	7:43	14:12	6:43	16:08	8:45	5:49	1:35	0:52	*45
8	Bengt Andersson Tidaholm SOK Sis	1:06:48	6:26	24:10	31:52	38:48	53:56	1:00:04	1:04:51	1:06:10	1:06:48	*170
			6:26	17:44	7:42	6:56	15:08	6:08	4:47	1:19	0:38	

Pl	Namn	Tid													
<b>H65 (11)</b>		<b>3800 m</b>		<i>(forts.)</i>											
		1(156)	2(146)	3(53)	4(63)	5(115)	6(138)	7(171)	8(200)	M					
<b>9</b>	<b>Ingemar Wiklund</b>	<b>1:15:33</b>	6:54	12:39	20:09	25:32	1:04:25	1:09:41	1:13:21	1:15:06	1:15:33				
	<b>OK Skogsvargarna</b>		6:54	5:45	7:30	5:23	38:53	<b>5:16</b>	3:40	1:45	<b>0:27</b>				
<b>10</b>	<b>Lars-göran Rosén</b>	<b>1:17:54</b>	8:02	19:00	34:19	42:33	1:01:08	1:09:37	1:15:34	1:17:18	1:17:54				
	<b>Rydboholms SK</b>		8:02	10:58	15:19	8:14	18:35	8:29	5:57	1:44	0:36				
	<b>Lars-Erik Larsson</b>	<b>Ej godk.</b>	5:03	22:24	38:48	47:34	1:08:05	1:17:56	-----	-----	1:25:41				
	<b>OK Amne</b>		5:03	17:21	16:24	8:46	20:31	9:51			7:45				
<b>H60 (8)</b>		<b>4300 m</b>													
		1(155)	2(146)	3(55)	4(45)	5(47)	6(63)	7(115)	8(119)	9(138)	10(171)	11(200)	M		
<b>1</b>	<b>Carl-Henry Andersson</b>	<b>46:56</b>	<b>3:15</b>	<b>7:57</b>	<b>14:13</b>	<b>16:43</b>	<b>19:52</b>	<b>24:03</b>	<b>35:57</b>	<b>37:52</b>	<b>42:31</b>	<b>45:38</b>	<b>46:26</b>	<b>46:56</b>	37:13
	<b>OK Orinto</b>		<b>3:15</b>	<b>4:42</b>	<b>6:16</b>	<b>2:30</b>	3:09	<b>4:11</b>	11:54	1:55	<b>4:39</b>	<b>3:07</b>	<b>0:48</b>	0:30	*118
<b>2</b>	<b>Kjell Martinsson</b>	<b>54:56</b>	5:40	10:46	17:39	20:50	25:25	30:32	41:46	43:08	48:58	53:07	54:28	54:56	
	<b>OK Tranan</b>		5:40	5:06	6:53	3:11	4:35	5:07	<b>11:14</b>	1:22	5:50	4:09	1:21	<b>0:28</b>	
<b>3</b>	<b>Kjell-Åke Nilsson</b>	<b>1:02:07</b>	7:02	12:46	19:45	24:02	28:10	35:46	49:26	50:46	56:16	1:00:22	1:01:32	1:02:07	59:45
	<b>Ulricehamns OK</b>		7:02	5:44	6:59	4:17	4:08	7:36	13:40	1:20	5:30	4:06	1:10	0:35	*170
<b>4</b>	<b>Hans-Gösta Bernhard</b>	<b>1:03:56</b>	3:58	10:07	17:37	20:37	23:31	32:02	51:43	52:51	58:24	1:02:12	1:03:24	1:03:56	
	<b>Mariestads FK</b>		3:58	6:09	7:30	3:00	<b>2:54</b>	8:31	19:41	1:08	5:33	3:48	1:12	0:32	
<b>5</b>	<b>Karl Evert Svensson</b>	<b>1:07:31</b>	4:33	10:39	17:04	19:54	23:06	27:47	53:47	54:44	1:01:46	1:05:52	1:06:56	1:07:31	1:04:51
	<b>IF Hagen</b>		4:33	6:06	6:25	2:50	3:12	4:41	26:00	<b>0:57</b>	7:02	4:06	1:04	0:35	*170
<b>6</b>	<b>Bertil Johansson</b>	<b>1:07:45</b>	5:20	12:11	21:18	25:00	29:21	37:59	52:39	55:03	1:01:44	1:06:15	1:07:11	1:07:45	
	<b>OK Skogshjortarna</b>		5:20	6:51	9:07	3:42	4:21	8:38	14:40	2:24	6:41	4:31	0:56	0:34	
<b>7</b>	<b>Kurt Bodin</b>	<b>1:14:24</b>	5:19	13:14	21:49	25:22	38:29	44:29	59:18	1:00:33	1:06:56	1:12:36	1:13:48	1:14:24	1:11:18
	<b>Gällstadbygdens SoK</b>		5:19	7:55	8:35	3:33	13:07	6:00	14:49	1:15	6:23	5:40	1:12	0:36	*170
<b>8</b>	<b>Roger Andersson</b>	<b>1:25:28</b>	4:54	21:26	32:07	36:12	41:21	49:03	1:07:22	1:08:38	1:17:38	1:23:06	1:24:50	1:25:28	
	<b>OK Skogshjortarna</b>		4:54	16:32	10:41	4:05	5:09	7:42	18:19	1:16	9:00	5:28	1:44	0:38	
<b>H55 (10)</b>		<b>4800 m</b>													
		1(155)	2(150)	3(55)	4(46)	5(47)	6(63)	7(115)	8(118)	9(127)	10(138)	11(170)	12(200)	M	
<b>1</b>	<b>Lars Hogedal</b>	<b>55:31</b>	4:19	7:25	16:07	20:41	24:11	28:41	<b>39:01</b>	<b>40:10</b>	<b>45:14</b>	<b>49:52</b>	<b>53:55</b>	<b>54:59</b>	<b>55:31</b>
	<b>Vänersborgs SK</b>		4:19	<b>3:06</b>	8:42	4:34	3:30	4:30	<b>10:20</b>	1:09	<b>5:04</b>	<b>4:38</b>	4:03	1:04	0:32
<b>2</b>	<b>Björn Pettersson</b>	<b>59:37</b>	<b>3:19</b>	<b>7:12</b>	<b>15:45</b>	<b>20:11</b>	<b>23:51</b>	<b>28:23</b>	39:07	40:37	48:56	54:25	58:02	59:09	59:37
	<b>Ulricehamns OK</b>		<b>3:19</b>	3:53	8:33	4:26	3:40	4:32	10:44	1:30	8:19	5:29	3:37	1:07	0:28
<b>3</b>	<b>Lennart Hålsjö</b>	<b>1:00:32</b>	4:00	7:36	16:12	21:28	24:12	29:06	39:32	41:13	47:59	55:19	58:46	59:57	1:00:32
	<b>OK Skogshjortarna</b>		4:00	3:36	8:36	5:16	<b>2:44</b>	4:54	10:26	1:41	6:46	7:20	3:27	1:11	0:35
<b>4</b>	<b>Hans Ekberg</b>	<b>1:03:56</b>	3:42	14:54	22:05	26:54	30:18	34:47	47:47	48:53	54:11	59:26	1:02:39	1:03:30	1:03:56
	<b>Trollhättans SOK</b>		3:42	11:12	<b>7:11</b>	4:49	3:24	<b>4:29</b>	13:00	<b>1:06</b>	5:18	5:15	<b>3:13</b>	<b>0:51</b>	<b>0:26</b>
<b>5</b>	<b>Anders Thomasson</b>	<b>1:04:57</b>	4:02	8:22	17:08	21:48	25:51	30:53	42:45	44:07	53:03	59:42	1:03:14	1:04:24	1:04:57
	<b>Ulricehamns OK</b>		4:02	4:20	8:46	4:40	4:03	5:02	11:52	1:22	8:56	6:39	3:32	1:10	0:33
<b>6</b>	<b>Sven-Erik Bodin</b>	<b>1:08:25</b>	5:18	9:04	19:14	23:10	26:50	32:47	44:43	46:05	55:36	1:01:50	1:06:13	1:07:51	1:08:25
	<b>Gällstadbygdens SoK</b>		5:18	3:46	10:10	<b>3:56</b>	3:40	5:57	11:56	1:22	9:31	6:14	4:23	1:38	0:34
<b>7</b>	<b>Tommy Westerberg</b>	<b>1:21:14</b>	12:57	17:00	27:21	34:17	38:51	44:23	1:00:10	1:01:44	1:07:04	1:13:59	1:19:14	1:20:45	1:21:14
	<b>Tibro OK</b>		12:57	4:03	10:21	6:56	4:34	5:32	15:47	1:34	5:20	6:55	5:15	1:31	0:29
<b>8</b>	<b>Per-Ola Johnsson</b>	<b>1:48:55</b>	8:04	12:50	30:15	37:52	42:21	53:13	1:17:16	1:19:02	1:29:12	1:40:36	1:46:05	1:48:03	1:48:55
	<b>OK Kullingshof</b>		8:04	4:46	17:25	7:37	4:29	10:52	24:03	1:46	10:10	11:24	5:29	1:58	0:52
	<b>Bengt Johansson</b>	<b>Ej godk.</b>	14:10	17:45	28:35	33:35	-----	-----	1:18:52	1:22:04	-----	-----	1:32:47	1:34:10	1:34:43
	<b>OK Skogshjortarna</b>		14:10	3:35	10:50	5:00			45:17	3:12			10:43	1:23	0:33
	<b>Ingvar Andersson</b>	<b>Ej godk.</b>	4:59	10:32	25:05	30:44	35:00	47:22	-----	-----	-----	1:00:53	1:05:11	1:06:28	1:07:07
	<b>OK Amne</b>		4:59	5:33	14:33	5:39	4:16	12:22				13:31	4:18	1:17	0:39

Pl	Namn	Tid	1(157)	2(150)	3(53)	4(45)	5(49)	6(52)	7(51)	8(36)	9(118)	10(139)	11(170)	12(200)	M
<b>H50 (8) 5300 m</b>															
1	Jörgen Ivarsson	47:25	1:43	5:07	13:48	14:48	20:12	21:06	23:16	36:26	38:14	42:59	45:59	46:59	47:25
	Hestra IF		1:43	3:24	8:41	1:00	5:24	0:54	2:10	13:10	1:48	4:45	3:00	1:00	0:26
2	Anders Johansson	49:57	2:01	5:57	14:33	15:34	20:30	21:29	24:20	38:20	40:14	45:20	48:33	49:33	49:57
	Hestra IF		2:01	3:56	8:36	1:01	4:56	0:59	2:51	14:00	1:54	5:06	3:13	1:00	0:24
3	Johan Carlsson	59:56	2:07	6:54	16:30	17:55	24:20	25:41	30:07	47:49	50:04	55:02	58:26	59:23	59:56
	Trollhättans SOK		2:07	4:47	9:36	1:25	6:25	1:21	4:26	17:42	2:15	4:58	3:24	0:57	0:33
4	Bo Josefsson	1:01:41	4:14	8:23	19:35	20:51	26:33	27:46	30:36	48:31	50:51	56:23	59:58	1:01:08	1:01:41
	Rydboholms SK		4:14	4:09	11:12	1:16	5:42	1:13	2:50	17:55	2:20	5:32	3:35	1:10	0:33
5	Håkan Sanderi	1:03:45	2:02	6:36	17:43	19:06	25:14	27:33	30:06	50:36	52:39	58:45	1:02:13	1:03:15	1:03:45
	Lidköpings VSK		2:02	4:34	11:07	1:23	6:08	2:19	2:33	20:30	2:03	6:06	3:28	1:02	0:30
6	Per-Olof Larsson	1:16:51	2:07	6:05	33:26	34:49	40:34	41:39	44:16	1:03:50	1:05:53	1:11:20	1:15:05	1:16:11	1:16:51
	Hestra IF		2:07	3:58	27:21	1:23	5:45	1:05	2:37	19:34	2:03	5:27	3:45	1:06	0:40
	Kent Nero	Ej godk.	2:39	----	----	----	----	----	----	----	----	38:25	43:22	44:56	45:39
	Mullsjö SOK		2:39									35:46	4:57	1:34	0:43
	Tomas Karlsson	Ej godk.	2:38	7:28	20:17	21:36	29:59	31:15	40:32	----	----	----	----	----	1:25:55
	OK Skogshjortarna		2:38	4:50	12:49	1:19	8:23	1:16	9:17						45:23

26:50

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Pl	Namn	Tid	1(157)	2(151)	3(54)	4(46)	5(49)	6(50)	7(51)	8(36)	9(119)	10(138)	11(170)	12(200)	M
<b>H45 (12) 5500 m</b>															
1	Lars Holmberg	45:07	1:40	4:35	13:31	15:43	19:46	21:21	22:32	35:14	36:54	41:17	43:43	44:41	45:07
	IF Hagen		1:40	2:55	8:56	2:12	4:03	1:35	1:11	12:42	1:40	4:23	2:26	0:58	0:26
2	Stefan Lund	46:38	1:48	4:57	13:49	16:03	19:59	21:27	22:52	35:29	37:17	42:41	45:22	46:14	46:38
	OK Orinto		1:48	3:09	8:52	2:14	3:56	1:28	1:25	12:37	1:48	5:24	2:41	0:52	0:24
3	Peter Cederberg	47:15	1:46	4:45	13:23	16:46	20:49	23:19	24:28	37:09	38:47	43:14	45:37	46:44	47:15
	Vänersborgs SK		1:46	2:59	8:38	3:23	4:03	2:30	1:09	12:41	1:38	4:27	2:23	1:07	0:31
4	Henrik Karlsson	50:17	2:05	4:53	14:08	20:42	24:33	26:06	27:29	40:12	41:49	46:08	48:58	49:51	50:17
	OK Skogsstjärnan		2:05	2:48	9:15	6:34	3:51	1:33	1:23	12:43	1:37	4:19	2:50	0:53	0:26
5	Peter Brämerson	53:12	1:46	5:21	14:56	18:31	22:48	24:25	26:20	41:26	43:35	48:28	51:43	52:46	53:12
	Tibro OK		1:46	3:35	9:35	3:35	4:17	1:37	1:55	15:06	2:09	4:53	3:15	1:03	0:26
6	Per Sundqvist	58:31	3:25	6:36	18:40	21:14	26:48	30:44	32:55	46:14	47:51	53:59	57:04	58:04	58:31
	OK Tranan		3:25	3:11	12:04	2:34	5:34	3:56	2:11	13:19	1:37	6:08	3:05	1:00	0:27
7	Tomas Tranberg	1:00:31	2:12	6:16	17:27	20:12	25:22	26:56	29:02	46:13	49:28	55:23	58:49	1:00:02	1:00:31
	Markbygdens OK		2:12	4:04	11:11	2:45	5:10	1:34	2:06	17:11	3:15	5:55	3:26	1:13	0:29
8	Per Andersson	1:01:01	2:27	6:24	17:39	20:32	26:32	28:23	30:12	47:36	50:20	56:07	59:32	1:00:34	1:01:01
	Ulricehamns OK		2:27	3:57	11:15	2:53	6:00	1:51	1:49	17:24	2:44	5:47	3:25	1:02	0:27
9	Kjell Einarsson	1:02:55	2:09	7:07	19:39	22:33	26:58	28:45	30:31	48:40	50:51	57:11	1:01:01	1:02:18	1:02:55
	OK Skogshjortarna		2:09	4:58	12:32	2:54	4:25	1:47	1:46	18:09	2:11	6:20	3:50	1:17	0:37
10	Christer Mannfolk	1:03:36	2:12	6:56	20:02	22:59	27:43	29:35	31:33	47:47	50:39	57:44	1:01:45	1:03:05	1:03:36
	Ulricehamns OK		2:12	4:44	13:06	2:57	4:44	1:52	1:58	16:14	2:52	7:05	4:01	1:20	0:31
11	Andres Laas	1:05:01	2:30	11:52	22:11	24:35	33:13	34:18	36:59	52:39	55:26	1:00:36	1:03:31	1:04:31	1:05:01
	OK Skogshjortarna		2:30	9:22	10:19	2:24	8:38	1:05	2:41	15:40	2:47	5:10	2:55	1:00	0:30
12	Jan-Eric Thelin	1:31:06	7:04	12:55	26:43	30:13	40:05	42:42	45:26	1:03:22	1:14:23	1:21:03	1:28:17	1:30:28	1:31:06
	Lidköpings VSK		7:04	5:51	13:48	3:30	9:52	2:37	2:44	17:56	11:01	6:40	7:14	2:11	0:38

41:17

\*52

Pl	Namn	Tid	1(159)	2(158)	3(155)	4(150)	5(54)	6(46)	7(48)	8(50)	9(51)	10(36)	11(119)	12(139)	13(170)	14(200)	M
<b>H40 (7) 6200 m</b>																	
1	Björn Mårtensson	46:53	2:12	3:03	6:46	9:34	16:08	18:20	22:05	23:54	25:12	37:29	39:11	43:20	45:41	46:30	46:53
	OK Skogsstjärnan		2:12	0:51	3:43	2:48	6:34	2:12	3:45	1:49	1:18	12:17	1:42	4:09	2:21	0:49	0:23

Pl	Namn	Tid															
<b>H40 (7) 6200 m</b>		<i>(forts.)</i>															
		1(159)	2(158)	3(155)	4(150)	5(54)	6(46)	7(48)	8(50)	9(51)	10(36)	11(119)	12(139)	13(170)	14(200)	M	
<b>2</b>	<b>Åke Wijckmark</b>	<b>1:00:31</b>	2:28	3:39	8:16	11:34	19:53	22:23	28:21	31:02	33:01	48:06	50:41	56:01	59:10	1:00:02	1:00:31
	<b>IF Hagen</b>		2:28	1:11	4:37	3:18	8:19	2:30	5:58	2:41	1:59	15:05	2:35	5:20	3:09	0:52	0:29
<b>3</b>	<b>Janne Mattsson</b>	<b>1:01:59</b>	2:55	4:06	9:54	12:58	21:36	24:56	29:18	32:54	34:52	50:28	52:45	57:32	1:00:27	1:01:29	1:01:59
	<b>Trollhättans SOK</b>		2:55	1:11	5:48	3:04	8:38	3:20	4:22	3:36	1:58	15:36	2:17	4:47	2:55	1:02	0:30
<b>4</b>	<b>Roger Gunnarsson</b>	<b>1:03:34</b>	3:23	4:39	9:57	13:46	21:51	24:46	30:04	32:58	34:49	50:43	53:09	58:35	1:01:57	1:03:02	1:03:34
	<b>Falköpings AIK OK</b>		3:23	1:16	5:18	3:49	8:05	2:55	5:18	2:54	1:51	15:54	2:26	5:26	3:22	1:05	0:32
<b>5</b>	<b>Bo Hallberg</b>	<b>1:03:49</b>	3:31	4:38	9:45	14:21	22:37	26:58	33:00	35:58	37:51	52:13	54:32	59:27	1:02:24	1:03:18	1:03:49
	<b>Falköpings AIK OK</b>		3:31	1:07	5:07	4:36	8:16	4:21	6:02	2:58	1:53	14:22	2:19	4:55	2:57	0:54	0:31
<b>6</b>	<b>Peter Grahn</b>	<b>1:08:25</b>	3:12	4:45	10:22	14:09	25:16	28:19	33:47	36:52	38:36	56:07	58:01	1:03:38	1:06:56	1:07:53	1:08:25
	<b>Hestra IF</b>		3:12	1:33	5:37	3:47	11:07	3:03	5:28	3:05	1:44	17:31	1:54	5:37	3:18	0:57	0:32
<b>7</b>	<b>Peter Strömdahl</b>	<b>1:09:03</b>	3:46	4:56	10:49	14:33	25:27	28:16	34:02	37:11	39:23	56:17	58:30	1:03:49	1:07:19	1:08:29	1:09:03
	<b>OK Skogsvargarna</b>		3:46	1:10	5:53	3:44	10:54	2:49	5:46	3:09	2:12	16:54	2:13	5:19	3:30	1:10	0:34
<b>H35 (3) 6800 m</b>		1(159)	2(158)	3(155)	4(150)	5(54)	6(46)	7(48)	8(50)	9(44)	10(113)	11(118)	12(139)	13(171)	14(200)	M	
<b>1</b>	<b>Calle Andersson</b>	<b>53:04</b>	2:17	<b>3:10</b>	<b>6:55</b>	<b>9:52</b>	<b>16:45</b>	<b>18:41</b>	<b>24:12</b>	<b>26:24</b>	<b>32:36</b>	<b>43:30</b>	<b>45:44</b>	<b>49:17</b>	<b>52:02</b>	<b>52:41</b>	<b>53:04</b>
	<b>OK Skogsstjärnan</b>		2:17	<b>0:53</b>	<b>3:45</b>	<b>2:57</b>	<b>6:53</b>	<b>1:56</b>	5:31	<b>2:12</b>	<b>6:12</b>	<b>10:54</b>	<b>2:14</b>	<b>3:33</b>	<b>2:45</b>	<b>0:39</b>	<b>0:23</b>
<b>2</b>	<b>Daniel Olsson</b>	<b>56:12</b>	2:17	3:12	8:01	10:59	18:47	21:00	25:29	27:52	34:16	45:25	47:51	51:41	54:59	55:45	56:12
	<b>Dalsjöfors GOIF</b>		2:17	0:55	4:49	2:58	7:48	2:13	<b>4:29</b>	2:23	6:24	11:09	2:26	3:50	3:18	0:46	0:27
<b>3</b>	<b>Kenneth Johansson</b>	<b>57:35</b>	<b>2:15</b>	3:17	7:37	11:39	18:45	20:45	26:15	28:39	35:11	47:11	49:43	53:29	56:31	57:10	57:35
	<b>OK Tranan</b>		<b>2:15</b>	1:02	4:20	4:02	7:06	2:00	5:30	2:24	6:32	12:00	2:32	3:46	3:02	<b>0:39</b>	0:25
<b>H21 (5) 9100 m</b>		1(159)	2(158)	3(155)	4(146)	5(54)	6(49)	7(37)	8(35)	9(44)	10(113)	11(118)	12(138)	13(170)	14(200)	M	
<b>1</b>	<b>Marcus Kvarndal</b>	<b>1:17:11</b>	<b>2:16</b>	3:41	<b>7:12</b>	<b>10:38</b>	19:07	23:27	<b>36:06</b>	<b>43:35</b>	<b>55:20</b>	<b>1:07:40</b>	<b>1:10:15</b>	<b>1:13:42</b>	<b>1:16:08</b>	<b>1:16:48</b>	<b>1:17:11</b>
	<b>Ulricehamns OK</b>		<b>2:16</b>	1:25	<b>3:31</b>	<b>3:26</b>	8:29	<b>4:20</b>	<b>12:39</b>	7:29	<b>11:45</b>	12:20	2:35	<b>3:27</b>	<b>2:26</b>	<b>0:40</b>	0:23
<b>2</b>	<b>Daniel Hjortvall</b>	<b>1:17:53</b>	2:23	<b>3:20</b>	7:26	11:49	<b>17:34</b>	<b>23:13</b>	36:51	43:48	56:31	1:08:11	1:10:19	1:14:09	1:16:39	1:17:27	1:17:53
	<b>Hestra IF</b>		2:23	<b>0:57</b>	4:06	4:23	<b>5:45</b>	5:39	13:38	<b>6:57</b>	12:43	<b>11:40</b>	<b>2:08</b>	3:50	2:30	0:48	0:26
<b>3</b>	<b>Anton Udd</b>	<b>1:29:38</b>	2:34	4:00	8:43	13:15	20:39	26:52	40:49	47:54	1:03:02	1:16:18	1:20:39	1:25:11	1:28:13	1:29:16	1:29:38
	<b>Markbygdens OK</b>		2:34	1:26	4:43	4:32	7:24	6:13	13:57	7:05	15:08	13:16	4:21	4:32	3:02	1:03	<b>0:22</b>
<b>4</b>	<b>Marcus Johnsson</b>	<b>1:36:51</b>	2:40	4:34	10:42	16:11	23:12	28:39	44:05	51:29	1:07:05	1:23:42	1:27:14	1:32:15	1:35:22	1:36:20	1:36:51
	<b>OK Kullingshof</b>		2:40	1:54	6:08	5:29	7:01	5:27	15:26	7:24	15:36	16:37	3:32	5:01	3:07	0:58	0:31
<b>5</b>	<b>Patrik Wallin</b>	<b>1:58:52</b>	7:29	8:46	16:31	21:26	29:43	37:57	56:00	1:08:09	1:26:32	1:41:22	1:44:18	1:53:04	1:57:19	1:58:25	1:58:52
	<b>Falköpings AIK OK</b>		7:29	1:17	7:45	4:55	8:17	8:14	18:03	12:09	18:23	14:50	2:56	8:46	4:15	1:06	0:27
<b>H20 (7) 7400 m</b>		1(155)	2(146)	3(53)	4(49)	5(37)	6(35)	7(44)	8(142)	9(164)	10(170)	11(200)	M				
<b>1</b>	<b>Simon Andersson</b>	<b>59:53</b>	<b>2:42</b>	<b>6:05</b>	<b>11:20</b>	16:17	<b>28:15</b>	<b>34:52</b>	<b>45:25</b>	<b>55:19</b>	<b>56:53</b>	<b>58:43</b>	<b>59:29</b>	<b>59:53</b>			
	<b>OK Kullingshof</b>		<b>2:42</b>	<b>3:23</b>	5:15	4:57	11:58	6:37	<b>10:33</b>	<b>9:54</b>	<b>1:34</b>	<b>1:50</b>	<b>0:46</b>	0:24			
<b>2</b>	<b>Johan Törnroth</b>	<b>1:03:33</b>	3:09	6:36	12:22	16:40	28:21	34:53	47:29	57:51	1:00:02	1:02:20	1:03:14	1:03:33			
	<b>Hjobygdens OK</b>		3:09	3:27	5:46	<b>4:18</b>	<b>11:41</b>	<b>6:32</b>	12:36	10:22	2:11	2:18	0:54	<b>0:19</b>			
<b>3</b>	<b>Andreas Karlsson</b>	<b>1:11:06</b>	2:47	6:20	11:33	<b>16:13</b>	29:23	38:28	54:05	1:05:36	1:07:52	1:09:53	1:10:42	1:11:06			
	<b>Mariestads FK</b>		2:47	3:33	<b>5:13</b>	4:40	13:10	9:05	15:37	11:31	2:16	2:01	0:49	0:24			
<b>4</b>	<b>Erik Nero</b>	<b>1:15:39</b>	3:25	7:16	13:32	18:46	30:34	37:31	59:17	1:10:16	1:12:25	1:14:20	1:15:14	1:15:39			
	<b>Falköpings AIK OK</b>		3:25	3:51	6:16	5:14	11:48	6:57	21:46	10:59	2:09	1:55	0:54	0:25			
<b>5</b>	<b>Rasmus Persson</b>	<b>1:21:47</b>	5:03	8:52	16:35	21:22	43:35	50:36	1:04:37	1:16:20	1:18:32	1:20:30	1:21:22	1:21:47			
	<b>Falköpings AIK OK</b>		5:03	3:49	7:43	4:47	22:13	7:01	14:01	11:43	2:12	1:58	0:52	0:25			

31:39

\*49

54:13

\*170

Pl	Namn	Tid																
<b>H20 (7)</b>			<b>7400 m</b>			<i>(forts.)</i>												
			1(155)	2(146)	3(53)	4(49)	5(37)	6(35)	7(44)	8(142)	9(164)	10(170)	11(200)	M				
<b>6</b>	<b>Johan Nyman</b>	<b>1:23:18</b>	5:09	9:31	18:15	24:26	38:04	47:26	1:03:00	1:14:43	1:16:59	1:21:43	1:22:47	1:23:18				
	<b>IF Hagen</b>		5:09	4:22	8:44	6:11	13:38	9:22	15:34	11:43	2:16	4:44	1:04	0:31				
	<b>Simon Sanderi</b>	<b>Ej godk.</b>	4:38	11:58	17:16	22:13	-----	-----	-----	-----	-----	-----	53:06	53:43				
	<b>Vänernsborgs SK</b>		4:38	7:20	5:18	4:57							30:53	0:37				
<b>H18 (7)</b>			<b>6200 m</b>															
			1(160)	2(158)	3(156)	4(150)	5(53)	6(45)	7(48)	8(52)	9(51)	10(36)	11(119)	12(139)	13(170)	14(200)	M	
<b>1</b>	<b>Johan Högstrand</b>	<b>45:54</b>	<b>3:05</b>	<b>3:51</b>	8:18	<b>10:47</b>	<b>17:07</b>	<b>17:56</b>	<b>22:04</b>	<b>24:05</b>	<b>25:47</b>	<b>36:44</b>	<b>38:09</b>	<b>42:15</b>	<b>44:46</b>	<b>45:36</b>	<b>45:54</b>	
	<b>Markbygdens OK</b>		<b>3:05</b>	<b>0:46</b>	4:27	<b>2:29</b>	<b>6:20</b>	0:49	<b>4:08</b>	2:01	<b>1:42</b>	<b>10:57</b>	<b>1:25</b>	4:06	2:31	<b>0:50</b>	<b>0:18</b>	
<b>2</b>	<b>Carl-Johan Fredman</b>	<b>52:12</b>	3:23	4:20	<b>7:57</b>	10:49	17:12	18:00	25:42	27:17	29:27	42:55	44:26	48:28	50:56	51:50	52:12	
	<b>Hestra IF</b>		3:23	0:57	<b>3:37</b>	2:52	6:23	0:48	7:42	1:35	2:10	13:28	1:31	<b>4:02</b>	<b>2:28</b>	0:54	0:22	
<b>3</b>	<b>Tobias Mattsson</b>	<b>58:27</b>	3:56	4:56	10:37	13:45	21:34	22:26	27:25	29:32	33:35	47:54	49:34	54:11	57:06	57:58	58:27	
	<b>Trollhättans SOK</b>		3:56	1:00	5:41	3:08	7:49	0:52	4:59	2:07	4:03	14:19	1:40	4:37	2:55	0:52	0:29	
<b>4</b>	<b>Christoffer Andersén</b>	<b>1:09:40</b>	3:25	4:30	10:39	14:10	22:51	23:48	34:15	36:45	41:05	56:09	58:23	1:04:09	1:07:57	1:09:20	1:09:40	
	<b>IK Gandvik</b>		3:25	1:05	6:09	3:31	8:41	0:57	10:27	2:30	4:20	15:04	2:14	5:46	3:48	1:23	0:20	
	<b>Albin Andersson</b>	<b>Ej godk.</b>	3:25	4:26	8:34	11:48	19:06	19:54	24:44	26:14	27:58	44:13	45:43	-----	51:40	52:27	52:46	49:16
	<b>Markbygdens OK</b>		3:25	1:01	4:08	3:14	7:18	0:48	4:50	1:30	1:44	16:15	1:30	-----	5:57	0:47	0:19	*138
	<b>Gustav Stenberg</b>	<b>Ej godk.</b>	3:31	4:37	9:28	12:42	20:25	21:12	25:54	27:37	29:29	41:10	42:47	-----	50:00	50:49	51:12	47:14
	<b>OK Skogshjortarna</b>		3:31	1:06	4:51	3:14	7:43	<b>0:47</b>	4:42	1:43	1:52	11:41	1:37	-----	7:13	0:49	0:23	*138
	<b>Nils Spetz</b>	<b>Ej godk.</b>	4:03	4:58	9:20	11:57	19:04	19:57	29:57	31:26	33:40	50:11	51:42	-----	57:34	58:16	58:39	55:15
	<b>Ulricehamns OK</b>		4:03	0:55	4:22	2:37	7:07	0:53	10:00	<b>1:29</b>	2:14	16:31	1:31	-----	5:52	0:42	0:23	*138
<b>H16 (10)</b>			<b>4800 m</b>															
			1(154)	2(151)	3(55)	4(45)	5(47)	6(115)	7(118)	8(127)	9(138)	10(171)	11(200)	M				
<b>1</b>	<b>Erik Classon</b>	<b>37:47</b>	1:26	3:44	<b>10:42</b>	<b>12:21</b>	<b>14:41</b>	<b>25:39</b>	<b>26:37</b>	<b>31:07</b>	<b>34:35</b>	<b>36:57</b>	<b>37:29</b>	<b>37:47</b>				
	<b>OK Orinto</b>		1:26	<b>2:18</b>	6:58	<b>1:39</b>	2:20	10:58	0:58	4:30	3:28	2:22	<b>0:32</b>	<b>0:18</b>				
<b>2</b>	<b>Martin Larsson</b>	<b>39:17</b>	1:56	4:34	11:45	13:37	16:12	26:26	27:36	31:44	35:45	38:14	38:53	39:17				
	<b>Hestra IF</b>		1:56	2:38	7:11	1:52	2:35	10:14	1:10	4:08	4:01	2:29	0:39	0:24				
<b>3</b>	<b>Emil Börjesson</b>	<b>39:22</b>	1:32	4:16	12:03	14:35	17:14	28:36	29:35	33:19	36:16	38:26	39:01	39:22				
	<b>Lidköpings VSK</b>		1:32	2:44	7:47	2:32	2:39	11:22	0:59	3:44	<b>2:57</b>	2:10	0:35	0:21				
<b>4</b>	<b>Pontus Karlsson</b>	<b>40:32</b>	1:39	4:04	12:44	14:25	16:42	27:42	28:38	33:09	36:39	39:23	40:08	40:32				
	<b>Markbygdens OK</b>		1:39	2:25	8:40	1:41	<b>2:17</b>	11:00	0:56	4:31	3:30	2:44	0:45	0:24				
<b>5</b>	<b>Martin Ahlberger</b>	<b>41:17</b>	2:26	4:50	12:07	13:53	20:49	30:39	31:33	35:15	38:13	40:21	40:57	41:17				
	<b>Hestra IF</b>		2:26	2:24	7:17	1:46	6:56	<b>9:50</b>	<b>0:54</b>	<b>3:42</b>	2:58	<b>2:08</b>	0:36	0:20				
<b>6</b>	<b>Gabriel Andersson</b>	<b>43:35</b>	<b>1:23</b>	<b>3:43</b>	13:04	15:14	19:08	31:10	32:05	35:51	39:52	42:30	43:15	43:35				
	<b>Ulricehamns OK</b>		<b>1:23</b>	2:20	9:21	2:10	3:54	12:02	0:55	3:46	4:01	2:38	0:45	0:20				
<b>7</b>	<b>Simon Skogman</b>	<b>43:42</b>	1:32	3:53	10:49	12:51	17:12	28:24	29:32	33:44	39:28	42:12	43:22	43:42				
	<b>Markbygdens OK</b>		1:32	2:21	<b>6:56</b>	2:02	4:21	11:12	1:08	4:12	5:44	2:44	1:10	0:20				
<b>8</b>	<b>Emil Andersson</b>	<b>44:52</b>	2:38	5:28	14:40	16:19	18:52	29:45	30:41	35:13	39:11	43:25	44:19	44:52				
	<b>OK Kullingshof</b>		2:38	2:50	9:12	<b>1:39</b>	2:33	10:53	0:56	4:32	3:58	4:14	0:54	0:33				
<b>9</b>	<b>Anton Karlsson</b>	<b>45:30</b>	1:47	5:56	14:09	16:02	18:30	29:48	31:15	35:45	40:20	44:25	45:08	45:30				
	<b>OK Kullingshof</b>		1:47	4:09	8:13	1:53	2:28	11:18	1:27	4:30	4:35	4:05	0:43	0:22				
<b>10</b>	<b>Jesper Sjögren</b>	<b>47:07</b>	1:33	4:42	12:22	14:21	17:46	29:21	30:56	37:02	42:19	45:54	46:45	47:07				
	<b>OK Kullingshof</b>		1:33	3:09	7:40	1:59	3:25	11:35	1:35	6:06	5:17	3:35	0:51	0:22				

Pl	Namn	Tid									
<b>H14 (9) 3600 m</b>			1(152)	2(56)	3(62)	4(130)	5(123)	6(137)	7(171)	8(200)	M
1	Linus Landergren IK Ymer	<b>30:30</b>	<b>2:07</b>	10:19	14:06	<b>17:54</b>	<b>23:21</b>	<b>27:29</b>	<b>29:22</b>	<b>30:07</b>	<b>30:30</b>
			<b>2:07</b>	8:12	3:47	3:48	5:27	4:08	1:53	0:45	0:23
2	Björn Cederberg Vänersborgs SK	<b>32:02</b>	2:19	<b>8:28</b>	<b>12:44</b>	19:03	24:28	29:00	30:53	31:39	32:02
			2:19	<b>6:09</b>	4:16	6:19	5:25	4:32	1:53	0:46	0:23
3	Oskar Stenberg OK Skogshjortarna	<b>32:23</b>	2:21	9:20	15:06	18:33	23:40	29:08	31:18	31:59	32:23
			2:21	6:59	5:46	<b>3:27</b>	5:07	5:28	2:10	0:41	0:24
4	Filip Grahn Hestra IF	<b>33:34</b>	2:57	11:00	15:33	20:31	26:34	30:32	32:34	33:12	33:34
			2:57	8:03	4:33	4:58	6:03	3:58	2:02	<b>0:38</b>	<b>0:22</b>
5	Erik Bäcklund Ekvall Trollhättans SOK	<b>33:58</b>	2:39	9:32	15:59	20:43	26:42	30:31	32:22	33:26	33:58
			2:39	6:53	6:27	4:44	5:59	<b>3:49</b>	<b>1:51</b>	1:04	0:32
6	Johan Ivarsson OK Kullingshof	<b>38:24</b>	7:29	14:24	19:25	24:35	29:37	35:15	37:16	38:01	38:24
			7:29	6:55	5:01	5:10	<b>5:02</b>	5:38	2:01	0:45	0:23
7	Markus Larsson Hestra IF	<b>39:30</b>	2:40	13:19	17:26	25:40	31:03	36:10	38:08	39:07	39:30
			2:40	10:39	4:07	8:14	5:23	5:07	1:58	0:59	0:23
8	Anton Nilsson OK Tranan	<b>39:56</b>	2:28	9:56	13:29	18:29	26:53	31:11	38:25	39:31	39:56
			2:28	7:28	<b>3:33</b>	5:00	8:24	4:18	7:14	1:06	0:25
	Karl Karlsson OK Kullingshof	Ej godk.	3:02	15:20	-----	-----	-----	38:24	-----	41:30	42:08
			3:02	12:18				23:04		3:06	0:38

<b>H12 (4) 2600 m</b>			1(153)	2(144)	3(58)	4(129)	5(126)	6(133)	7(137)	8(200)	M
1	Elias Bäcklund-Ekvall Trollhättans SOK	<b>24:00</b>	<b>2:42</b>	<b>7:42</b>	<b>11:37</b>	<b>14:57</b>	<b>18:31</b>	<b>20:23</b>	<b>21:38</b>	<b>23:31</b>	<b>24:00</b>
			<b>2:42</b>	<b>5:00</b>	3:55	3:20	3:34	<b>1:52</b>	1:15	<b>1:53</b>	0:29
2	Ivar Sörqvist Markbygdens OK	<b>24:44</b>	3:44	9:26	12:51	16:14	19:10	21:03	22:01	24:18	24:44
			3:44	5:42	<b>3:25</b>	3:23	2:56	1:53	<b>0:58</b>	2:17	0:26
3	Ola Holtbring OK Amne	<b>26:21</b>	3:02	8:28	12:40	16:00	18:53	21:47	22:47	25:54	26:21
			3:02	5:26	4:12	3:20	<b>2:53</b>	2:54	1:00	3:07	0:27
4	Felix Axelsson Markbygdens OK	<b>26:26</b>	2:54	10:14	14:01	17:16	20:43	23:00	24:03	26:02	26:26
			2:54	7:20	3:47	<b>3:15</b>	3:27	2:17	1:03	1:59	<b>0:24</b>

<b>D65 (3) 2600 m</b>			1(154)	2(150)	3(146)	4(57)	5(127)	6(139)	7(171)	8(200)	M
1	Kaarina Voudinmäki Mullsjö SOK	<b>39:53</b>	3:31	9:10	<b>13:10</b>	19:55	<b>26:54</b>	<b>32:59</b>	<b>37:33</b>	<b>39:21</b>	<b>39:53</b>
			3:31	5:39	4:00	6:45	6:59	<b>6:05</b>	<b>4:34</b>	1:48	0:32
2	Kerstin Eravid Nitta IF	<b>45:29</b>	5:22	12:10	16:07	23:16	30:07	37:18	43:29	44:59	45:29
			5:22	6:48	<b>3:57</b>	7:09	<b>6:51</b>	7:11	6:11	1:30	<b>0:30</b>
3	Birgitta Stenström Vänersborgs SK	<b>48:18</b>	<b>3:09</b>	<b>8:23</b>	13:23	<b>19:29</b>	35:24	41:46	46:43	47:45	48:18
			<b>3:09</b>	<b>5:14</b>	5:00	<b>6:06</b>	15:55	6:22	4:57	<b>1:02</b>	0:33

25:08

\*128

<b>D60 (2) 2700 m</b>			1(156)	2(149)	3(146)	4(57)	5(127)	6(139)	7(170)	8(200)	M
1	Ingegerd Kallin SOK 68	<b>59:39</b>	<b>7:42</b>	<b>15:18</b>	<b>20:23</b>	<b>31:17</b>	<b>38:56</b>	<b>48:51</b>	<b>56:16</b>	<b>58:53</b>	<b>59:39</b>
			<b>7:42</b>	7:36	5:05	10:54	7:39	<b>9:55</b>	7:25	2:37	0:46
2	Gunnel Karlsson SOK 68	<b>1:00:32</b>	16:21	22:35	27:23	34:27	40:57	51:50	57:40	59:59	1:00:32
			16:21	<b>6:14</b>	<b>4:48</b>	<b>7:04</b>	<b>6:30</b>	10:53	<b>5:50</b>	<b>2:19</b>	<b>0:33</b>

Pl	Namn	Tid										
<b>D55 (6) 3400 m</b>			1(156)	2(146)	3(57)	4(113)	5(115)	6(139)	7(170)	8(200)	M	
1	Lola Ahlberger	<b>52:00</b>	5:30	14:39	22:12	<b>35:20</b>	<b>37:57</b>	<b>44:55</b>	<b>50:10</b>	<b>51:27</b>	<b>52:00</b>	
	Hestra IF		5:30	9:09	7:33	13:08	<b>2:37</b>	6:58	5:15	<b>1:17</b>	0:33	
2	Ann-Marie Holmström	<b>59:49</b>	<b>4:56</b>	<b>10:44</b>	31:21	43:38	46:58	53:44	57:51	59:18	59:49	
	IK Gandvik		<b>4:56</b>	<b>5:48</b>	20:37	<b>12:17</b>	3:20	<b>6:46</b>	<b>4:07</b>	1:27	<b>0:31</b>	
3	Gunilla Hogedal	<b>1:00:06</b>	8:31	14:53	21:38	41:08	45:05	53:02	57:41	59:19	1:00:06	
	Vänersborgs SK		8:31	6:22	6:45	19:30	3:57	7:57	4:39	1:38	0:47	
4	Anita Eklöf	<b>1:08:02</b>	6:32	14:24	20:43	40:24	52:19	1:00:48	1:05:50	1:07:31	1:08:02	
	IK Ymer		6:32	7:52	6:19	19:41	11:55	8:29	5:02	1:41	<b>0:31</b>	
5	Monica Martinsson	<b>1:13:06</b>	6:24	14:05	<b>20:06</b>	41:39	55:13	1:05:49	1:10:55	1:12:28	1:13:06	
	OK Tranan		6:24	7:41	<b>6:01</b>	21:33	13:34	10:36	5:06	1:33	0:38	
	Britt-Marie Andersson	Ej godk.	10:31	18:54	28:51	44:28	48:51	----	1:06:38	1:08:50	1:09:25	59:03
	OK Amne		10:31	8:23	9:57	15:37	4:23		17:47	2:12	0:35	*138
<b>D50 (2) 3400 m</b>			1(156)	2(146)	3(57)	4(113)	5(115)	6(139)	7(170)	8(200)	M	
1	Kerstin Andersson	<b>44:12</b>	<b>5:12</b>	<b>12:05</b>	<b>18:45</b>	<b>28:42</b>	<b>31:37</b>	<b>37:54</b>	<b>42:07</b>	<b>43:42</b>	<b>44:12</b>	
	Ryda SK		<b>5:12</b>	<b>6:53</b>	6:40	<b>9:57</b>	<b>2:55</b>	6:17	<b>4:13</b>	1:35	<b>0:30</b>	
2	Gunilla Larsson	<b>50:56</b>	9:35	16:43	22:34	35:47	38:43	44:41	48:57	50:21	50:56	
	Bredareds IF		9:35	7:08	<b>5:51</b>	13:13	2:56	<b>5:58</b>	4:16	<b>1:24</b>	0:35	
<b>D45 (5) 3600 m</b>			1(156)	2(149)	3(53)	4(63)	5(59)	6(127)	7(138)	8(171)	9(200)	M
1	Anne Udd	<b>47:20</b>	<b>4:36</b>	<b>8:03</b>	<b>18:04</b>	<b>23:52</b>	<b>30:45</b>	<b>35:05</b>	<b>41:20</b>	<b>45:47</b>	<b>46:48</b>	<b>47:20</b>
	Markbygdens OK		<b>4:36</b>	<b>3:27</b>	<b>10:01</b>	5:48	<b>6:53</b>	4:20	6:15	4:27	<b>1:01</b>	0:32
2	Britt-Marie Johanson	<b>52:46</b>	4:50	9:45	24:14	29:21	37:33	42:12	47:15	51:13	52:17	52:46
	OK Skogsstjärnan		4:50	4:55	14:29	<b>5:07</b>	8:12	4:39	<b>5:03</b>	<b>3:58</b>	1:04	<b>0:29</b>
3	Kristin Hansson	<b>54:20</b>	6:07	11:05	21:25	27:14	35:21	38:40	47:42	51:57	53:49	54:20
	Markbygdens OK		6:07	4:58	10:20	5:49	8:07	<b>3:19</b>	9:02	4:15	1:52	0:31
4	Anita Bodin	<b>59:44</b>	6:11	10:33	22:24	29:55	41:26	45:41	51:50	57:45	59:10	59:44
	Gällstadbygdens SoK		6:11	4:22	11:51	7:31	11:31	4:15	6:09	5:55	1:25	0:34
5	Gunnel Svensson	<b>1:04:07</b>	5:02	9:23	22:34	33:32	46:19	50:20	58:24	1:02:27	1:03:33	1:04:07
	OK Tranan		5:02	4:21	13:11	10:58	12:47	4:01	8:04	4:03	1:06	0:34
<b>D40 (5) 3600 m</b>			1(156)	2(149)	3(53)	4(63)	5(59)	6(127)	7(138)	8(171)	9(200)	M
1	Carina Ivarsson	<b>46:03</b>	5:14	9:08	18:49	24:38	31:20	34:46	<b>39:57</b>	<b>44:15</b>	<b>45:30</b>	<b>46:03</b>
	OK Kullingshof		5:14	3:54	<b>9:41</b>	5:49	<b>6:42</b>	3:26	<b>5:11</b>	4:18	1:15	0:33
2	Jenny Nyman	<b>47:42</b>	<b>3:28</b>	<b>6:19</b>	<b>16:59</b>	<b>21:16</b>	<b>30:02</b>	<b>32:29</b>	42:53	46:05	47:13	47:42
	Vänersborgs SK		<b>3:28</b>	<b>2:51</b>	10:40	<b>4:17</b>	8:46	<b>2:27</b>	10:24	<b>3:12</b>	1:08	0:29
3	Kristina Nilsson	<b>49:09</b>	5:43	10:13	20:25	26:59	33:42	36:50	42:50	47:39	48:40	49:09
	OK Tranan		5:43	4:30	10:12	6:34	6:43	3:08	6:00	4:49	1:01	0:29
4	Gunilla Edgren	<b>54:50</b>	5:24	10:35	22:18	28:45	38:25	43:55	49:52	53:33	54:24	54:50
	Trollhättans SOK		5:24	5:11	11:43	6:27	9:40	5:30	5:57	3:41	<b>0:51</b>	<b>0:26</b>
5	Suzu Larsson	<b>56:14</b>	5:13	9:17	20:35	27:31	36:52	41:06	49:13	53:57	55:32	56:14
	OK Skogshjortarna		5:13	4:04	11:18	6:56	9:21	4:14	8:07	4:44	1:35	0:42

Pl	Namn	Tid													
<b>D35 (2)</b>		<b>4300 m</b>													
		1(155)	2(146)	3(55)	4(45)	5(47)	6(63)	7(115)	8(119)	9(138)	10(171)	11(200)	M		
<b>1</b>	<b>Sara Lorén</b>	<b>54:38</b>	<b>4:08</b>	<b>9:43</b>	<b>16:48</b>	<b>19:37</b>	<b>23:07</b>	<b>30:16</b>	<b>41:31</b>	<b>43:43</b>	<b>49:10</b>	<b>53:03</b>	<b>54:06</b>	<b>54:38</b>	
	<b>OK Kullingshof</b>		<b>4:08</b>	<b>5:35</b>	<b>7:05</b>	2:49	3:30	<b>7:09</b>	11:15	<b>2:12</b>	<b>5:27</b>	<b>3:53</b>	<b>1:03</b>	0:32	
<b>2</b>	<b>Marina Axelsson</b>	<b>1:02:05</b>	5:10	11:20	20:19	22:39	26:02	34:59	45:33	50:35	56:20	1:00:24	1:01:36	1:02:05	
	<b>Markbygdens OK</b>		5:10	6:10	8:59	<b>2:20</b>	<b>3:23</b>	8:57	<b>10:34</b>	5:02	5:45	4:04	1:12	<b>0:29</b>	
<b>D21 (3)</b>		<b>5600 m</b>													
		1(156)	2(150)	3(54)	4(46)	5(49)	6(50)	7(51)	8(36)	9(120)	10(139)	11(170)	12(200)	M	
<b>1</b>	<b>Kristine Svensson</b>	<b>1:05:48</b>	5:55	10:17	20:45	24:11	29:40	31:31	33:35	<b>50:46</b>	<b>55:23</b>	<b>1:00:17</b>	<b>1:04:15</b>	<b>1:05:21</b>	<b>1:05:48</b>
	<b>Falköpings AIK OK</b>		5:55	4:22	10:28	3:26	5:29	1:51	2:04	17:11	<b>4:37</b>	<b>4:54</b>	3:58	<b>1:06</b>	<b>0:27</b>
<b>2</b>	<b>Malin Sörstrand</b>	<b>1:09:49</b>	5:54	9:32	23:30	26:16	31:28	32:44	34:46	51:27	58:52	1:04:00	1:08:12	1:09:20	1:09:49
	<b>OK Klyftamo</b>		5:54	3:38	13:58	2:46	5:12	<b>1:16</b>	2:02	<b>16:41</b>	7:25	5:08	4:12	1:08	0:29
<b>3</b>	<b>Helena Lidhage</b>	<b>1:12:02</b>	<b>4:57</b>	<b>8:34</b>	<b>17:41</b>	<b>20:05</b>	<b>24:32</b>	<b>26:32</b>	<b>28:09</b>	55:51	1:01:45	1:06:44	1:10:19	1:11:31	1:12:02
	<b>Ulricehamns OK</b>		<b>4:57</b>	<b>3:37</b>	<b>9:07</b>	<b>2:24</b>	<b>4:27</b>	2:00	<b>1:37</b>	27:42	5:54	4:59	<b>3:35</b>	1:12	0:31
<b>D20 (3)</b>		<b>4800 m</b>													
		1(156)	2(150)	3(55)	4(45)	5(47)	6(63)	7(115)	8(118)	9(127)	10(139)	11(170)	12(200)	M	
<b>1</b>	<b>Kristin Skaar</b>	<b>51:17</b>	<b>3:45</b>	<b>7:01</b>	<b>13:58</b>	<b>16:30</b>	<b>19:24</b>	<b>23:54</b>	<b>34:32</b>	<b>35:43</b>	<b>40:15</b>	<b>46:01</b>	<b>49:39</b>	<b>50:47</b>	<b>51:17</b>
	<b>Ryda SK</b>		<b>3:45</b>	<b>3:16</b>	<b>6:57</b>	2:32	<b>2:54</b>	<b>4:30</b>	<b>10:38</b>	<b>1:11</b>	<b>4:32</b>	<b>5:46</b>	<b>3:38</b>	<b>1:08</b>	<b>0:30</b>
<b>2</b>	<b>Sofia Salomonsson</b>	<b>57:37</b>	4:13	7:40	16:10	18:27	22:12	27:07	38:48	40:20	45:06	51:28	55:32	57:03	57:37
	<b>Vänersborgs SK</b>		4:13	3:27	8:30	<b>2:17</b>	3:45	4:55	11:41	1:32	4:46	6:22	4:04	1:31	0:34
<b>3</b>	<b>Tove Udd</b>	<b>1:24:29</b>	6:24	13:20	25:25	29:06	33:24	42:15	58:41	1:00:55	1:07:56	1:16:20	1:21:24	1:23:57	1:24:29
	<b>Markbygdens OK</b>		6:24	6:56	12:05	3:41	4:18	8:51	16:26	2:14	7:01	8:24	5:04	2:33	0:32
<b>D18 (6)</b>		<b>4600 m</b>													
		1(156)	2(150)	3(53)	4(46)	5(47)	6(114)	7(115)	8(139)	9(170)	10(200)	M			
<b>1</b>	<b>Ellinor Johansson</b>	<b>49:28</b>	4:25	8:40	17:11	21:49	24:49	<b>36:30</b>	<b>38:27</b>	<b>44:23</b>	<b>47:47</b>	<b>48:55</b>	<b>49:28</b>		
	<b>OK Skogsstjärnan</b>		4:25	4:15	<b>8:31</b>	4:38	3:00	<b>11:41</b>	1:57	5:56	3:24	1:08	0:33		
<b>2</b>	<b>Moa Johanson</b>	<b>50:42</b>	<b>3:46</b>	<b>7:18</b>	<b>15:50</b>	<b>17:48</b>	<b>20:18</b>	39:36	41:00	46:06	49:22	50:20	50:42		
	<b>OK Skogsstjärnan</b>		<b>3:46</b>	<b>3:32</b>	8:32	<b>1:58</b>	<b>2:30</b>	19:18	<b>1:24</b>	<b>5:06</b>	<b>3:16</b>	<b>0:58</b>	<b>0:22</b>		
<b>3</b>	<b>Anna Larsson</b>	<b>1:07:09</b>	5:15	9:41	19:09	21:29	24:41	50:19	52:57	59:58	1:05:30	1:06:47	1:07:09		
	<b>IF Hagen</b>		5:15	4:26	9:28	2:20	3:12	25:38	2:38	7:01	5:32	1:17	<b>0:22</b>		
<b>4</b>	<b>Ellen Larsson</b>	<b>1:16:10</b>	12:55	19:34	30:52	33:18	36:26	59:21	1:01:54	1:08:56	1:14:32	1:15:47	1:16:10		
	<b>IF Hagen</b>		12:55	6:39	11:18	2:26	3:08	22:55	2:33	7:02	5:36	1:15	0:23		
<b>5</b>	<b>Linda Westerberg</b>	<b>1:18:07</b>	6:12	11:20	31:36	34:24	38:53	1:02:18	1:04:45	1:11:59	1:16:25	1:17:38	1:18:07		
	<b>Trollhättans SOK</b>		6:12	5:08	20:16	2:48	4:29	23:25	2:27	7:14	4:26	1:13	0:29		
	<b>Sara Jonsson</b>	<b>Ej godk.</b>	4:31	9:18	-----	-----	-----	-----	-----	-----	-----	-----	-----		
	<b>OK Klyftamo</b>		4:31	4:47											
<b>D16 (15)</b>		<b>4000 m</b>													
		1(154)	2(146)	3(54)	4(45)	5(47)	6(67)	7(59)	8(128)	9(138)	10(171)	11(200)	M		
<b>1</b>	<b>Therese Enenge</b>	<b>43:45</b>	2:18	8:31	15:16	17:04	<b>20:20</b>	24:31	<b>31:40</b>	<b>34:22</b>	<b>38:50</b>	<b>42:23</b>	<b>43:14</b>	<b>43:45</b>	
	<b>Bredareds IF</b>		2:18	6:13	6:45	1:48	3:16	4:11	7:09	<b>2:42</b>	4:28	3:33	0:51	0:31	
<b>2</b>	<b>Lovisa Mannfolk</b>	<b>45:03</b>	1:57	9:11	15:59	17:41	20:32	24:43	33:16	36:17	39:49	43:30	44:34	45:03	
	<b>Ulricehamns OK</b>		1:57	7:14	6:48	1:42	2:51	4:11	8:33	3:01	3:32	3:41	1:04	0:29	
<b>3</b>	<b>Sara Nilsson</b>	<b>45:54</b>	2:04	8:59	16:45	18:51	22:10	26:37	33:47	36:33	40:59	44:34	45:29	45:54	
	<b>OK Tranan</b>		2:04	6:55	7:46	2:06	3:19	4:27	7:10	2:46	4:26	3:35	0:55	0:25	
<b>4</b>	<b>Elin Högstrand</b>	<b>48:52</b>	1:54	9:18	18:46	20:03	25:57	30:05	36:56	40:20	43:48	47:27	48:28	48:52	
	<b>Markbygdens OK</b>		1:54	7:24	9:28	<b>1:17</b>	5:54	4:08	<b>6:51</b>	3:24	<b>3:28</b>	3:39	1:01	0:24	



Pl	Namn	Tid												
<b>D16 (15)</b>		<b>4000 m</b>		<i>(forts.)</i>										
			1(154)	2(146)	3(54)	4(45)	5(47)	6(67)	7(59)	8(128)	9(138)	10(171)	11(200)	M
5	Josefin Andersson Markbygdens OK	49:55	1:47	12:03	19:02	20:29	23:34	28:12	37:45	40:31	45:01	48:42	49:31	49:55
			1:47	10:16	6:59	1:27	3:05	4:38	9:33	2:46	4:30	3:41	0:49	0:24
6	Johanna Skogum Markbygdens OK	54:15	2:59	8:17	14:47	16:18	20:28	24:14	32:43	35:30	49:22	52:51	53:40	54:15
			2:59	5:18	6:30	1:31	4:10	3:46	8:29	2:47	13:52	3:29	0:49	0:35
7	Ida Karlsson Lidköpings VSK	55:27	2:34	8:48	17:48	19:47	23:26	28:26	42:21	45:15	50:18	53:59	55:00	55:27
			2:34	6:14	9:00	1:59	3:39	5:00	13:55	2:54	5:03	3:41	1:01	0:27
8	Lovisa Hansson Bredarens IF	55:54	4:19	11:14	19:01	20:43	23:22	29:36	42:32	46:14	50:57	54:37	55:27	55:54
			4:19	6:55	7:47	1:42	2:39	6:14	12:56	3:42	4:43	3:40	0:50	0:27
9	Sara Schmidt Trollhättans SOK	56:29	2:39	11:45	21:00	23:20	27:26	32:10	42:10	44:52	50:15	54:53	55:57	56:29
			2:39	9:06	9:15	2:20	4:06	4:44	10:00	2:42	5:23	4:38	1:04	0:32
10	Johanna Andersson Mariestads FK	1:01:47	2:16	9:51	18:26	20:36	25:30	29:38	39:53	43:58	54:15	59:42	1:01:24	1:01:47
			2:16	7:35	8:35	2:10	4:54	4:08	10:15	4:05	10:17	5:27	1:42	0:23
11	Sara Ivarsson OK Kullingshof	1:04:38	2:28	14:22	23:55	25:46	30:47	37:28	50:30	54:07	58:49	1:03:01	1:04:11	1:04:38
			2:28	11:54	9:33	1:51	5:01	6:41	13:02	3:37	4:42	4:12	1:10	0:27
12	Malin Dahlberg Falköpings AIK OK	1:07:33	2:28	9:43	18:32	20:36	29:44	37:28	50:57	56:41	1:02:08	1:06:05	1:07:06	1:07:33
			2:28	7:15	8:49	2:04	9:08	7:44	13:29	5:44	5:27	3:57	1:01	0:27
13	Viktoria Strandberg Falköpings AIK OK	1:07:34	5:02	12:54	23:47	26:15	29:51	36:19	46:46	51:39	1:00:24	1:05:56	1:07:10	1:07:34
			5:02	7:52	10:53	2:28	3:36	6:28	10:27	4:53	8:45	5:32	1:14	0:24
14	Lina Josefsson Rydboholms SK	1:07:51	2:22	12:25	26:23	28:20	34:41	39:42	50:01	54:04	1:01:08	1:06:11	1:07:20	1:07:51
			2:22	10:03	13:58	1:57	6:21	5:01	10:19	4:03	7:04	5:03	1:09	0:31
15	Julia Mattsson Trollhättans SOK	1:15:52	2:43	13:36	21:31	24:21	28:43	33:14	50:09	53:58	1:07:42	1:14:00	1:15:11	1:15:52
			2:43	10:53	7:55	2:50	4:22	4:31	16:55	3:49	13:44	6:18	1:11	0:41

<b>D14 (5)</b>		<b>3300 m</b>												
			1(148)	2(56)	3(62)	4(129)	5(126)	6(134)	7(137)	8(171)	9(200)	M		
1	Sara Hagström Falköpings AIK OK	31:15	4:15	10:49	16:16	23:20	25:34	26:57	28:26	30:10	30:55	31:15		
			4:15	6:34	5:27	7:04	2:14	1:23	1:29	1:44	0:45	0:20		
2	Aina Edgren Trollhättans SOK	34:14	5:40	12:55	19:53	25:31	27:40	29:09	30:49	32:47	33:52	34:14		
			5:40	7:15	6:58	5:38	2:09	1:29	1:40	1:58	1:05	0:22		
3	Amanda Blennow Falköpings AIK OK	36:14	5:34	13:48	18:04	24:30	27:04	31:17	32:48	34:44	35:51	36:14		
			5:34	8:14	4:16	6:26	2:34	4:13	1:31	1:56	1:07	0:23		
4	Kristin Höög OK Kullingshof	38:26	5:14	14:01	20:49	27:08	30:12	32:33	34:14	36:29	37:50	38:26		
			5:14	8:47	6:48	6:19	3:04	2:21	1:41	2:15	1:21	0:36		
	Clara Mannfolk Ulricehamns OK	Ej godk.	-----	23:20	29:13	36:33	39:57	42:32	45:54	48:26	49:14	49:40		
				23:20	5:53	7:20	3:24	2:35	3:22	2:32	0:48	0:26		

<b>D12 (6)</b>		<b>2600 m</b>												
			1(153)	2(144)	3(58)	4(129)	5(126)	6(133)	7(137)	8(200)	M			
1	Sofia Grahn Hestra IF	25:26	3:17	7:39	11:18	14:32	17:40	21:38	22:49	24:58	25:26			
			3:17	4:22	3:39	3:14	3:08	3:58	1:11	2:09	0:28			
2	Johanna Strandberg Falköpings AIK OK	25:36	3:04	7:46	11:45	15:47	19:42	21:49	22:58	25:09	25:36			
			3:04	4:42	3:59	4:02	3:55	2:07	1:09	2:11	0:27			
3	Klara Axelsson Markbygdens OK	27:14	2:41	6:36	10:43	13:57	18:10	20:39	24:42	26:44	27:14			
			2:41	3:55	4:07	3:14	4:13	2:29	4:03	2:02	0:30			
4	Lina Landergren IK Ymer	29:44	3:57	9:01	13:23	17:14	22:13	25:05	26:49	29:10	29:44			
			3:57	5:04	4:22	3:51	4:59	2:52	1:44	2:21	0:34			
5	Hanna Lindström OK Tranan	30:00	6:49	11:27	16:52	20:25	23:19	26:01	27:15	29:33	30:00			
			6:49	4:38	5:25	3:33	2:54	2:42	1:14	2:18	0:27			

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<b>D12 (6)</b>	<b>2600 m</b>									
		1(153)	2(144)	3(58)	4(129)	5(126)	6(133)	7(137)	8(200)	M
<b>6 Anna Moberg</b>	<b>39:02</b>	5:59	10:59	14:54	19:49	24:02	34:24	35:51	38:18	39:02
<b>Vänernborgs SK</b>		5:59	5:00	3:55	4:55	4:13	10:22	1:27	2:27	0:44

<b>U3 (2)</b>	<b>2600 m</b>									
		1(153)	2(144)	3(58)	4(129)	5(126)	6(133)	7(137)	8(200)	M
<b>1 Lina Sundqvist</b>	<b>27:19</b>	<b>3:42</b>	<b>8:36</b>	<b>13:10</b>	<b>16:29</b>	<b>20:02</b>	<b>22:30</b>	<b>24:39</b>	<b>26:48</b>	<b>27:19</b>
<b>OK Tranan</b>		<b>3:42</b>	<b>4:54</b>	<b>4:34</b>	<b>3:19</b>	<b>3:33</b>	<b>2:28</b>	2:09	<b>2:09</b>	<b>0:31</b>
<b>2 Alice Aroneng</b>	<b>46:48</b>	5:46	15:18	23:15	29:51	35:22	39:10	41:13	45:32	46:48
<b>Hestra IF</b>		5:46	9:32	7:57	6:36	5:31	3:48	<b>2:03</b>	4:19	1:16

<b>U2 (1)</b>	<b>2300 m</b>									
		1(152)	2(147)	3(144)	4(145)	5(143)	6(163)	7(169)	8(200)	M
<b>1 Olle Sörqvist</b>	<b>44:51</b>	<b>12:58</b>	<b>20:35</b>	<b>25:06</b>	<b>27:30</b>	<b>33:21</b>	<b>39:22</b>	<b>43:41</b>	<b>44:24</b>	<b>44:51</b>
<b>Markbygdens OK</b>		<b>12:58</b>	<b>7:37</b>	<b>4:31</b>	<b>2:24</b>	<b>5:51</b>	<b>6:01</b>	<b>4:19</b>	<b>0:43</b>	<b>0:27</b>

<b>U1 (1)</b>	<b>1700 m</b>									
		1(152)	2(145)	3(143)	4(163)	5(169)	6(200)	M		
<b>1 Malin Nilsson</b>	<b>33:34</b>	<b>7:14</b>	<b>14:56</b>	<b>19:09</b>	<b>24:51</b>	<b>30:49</b>	<b>32:44</b>	<b>33:34</b>		
<b>OK Tranan</b>		<b>7:14</b>	<b>7:42</b>	<b>4:13</b>	<b>5:42</b>	<b>5:58</b>	<b>1:55</b>	<b>0:50</b>		

<b>Öppen 2 (5)</b>	<b>2600 m</b>									
		1(153)	2(144)	3(58)	4(129)	5(126)	6(133)	7(137)	8(200)	M
<b>1 Göran Håkansson</b>	<b>33:37</b>	5:00	<b>12:13</b>	<b>16:58</b>	<b>20:51</b>	<b>24:37</b>	<b>27:12</b>	<b>30:02</b>	<b>32:55</b>	<b>33:37</b>
<b>IK Uven</b>		5:00	<b>7:13</b>	<b>4:45</b>	<b>3:53</b>	3:46	<b>2:35</b>	2:50	2:53	0:42
<b>2 Hanna Karlsson</b>	<b>37:10</b>	<b>3:42</b>	13:59	18:59	23:26	27:31	31:40	33:49	36:42	37:10
<b>Markbygdens OK</b>		<b>3:42</b>	10:17	5:00	4:27	4:05	4:09	2:09	2:53	<b>0:28</b>
<b>3 Julia Carlsson</b>	<b>37:16</b>	3:46	14:02	19:05	23:28	27:33	31:47	33:53	36:44	37:16
<b>Markbygdens OK</b>		3:46	10:16	5:03	4:23	4:05	4:14	2:06	<b>2:51</b>	0:32
<b>4 Marita Larsson</b>	<b>38:40</b>	5:05	16:02	21:08	25:37	29:16	32:12	34:05	38:01	38:40
<b>Markbygdens OK</b>		5:05	10:57	5:06	4:29	<b>3:39</b>	2:56	<b>1:53</b>	3:56	0:39
<b>5 Gunilla Johansson</b>	<b>40:53</b>	5:37	13:39	20:13	25:29	30:31	33:50	35:56	39:56	40:53
<b>OK Skogsstjärnan</b>		5:37	8:02	6:34	5:16	5:02	3:19	2:06	4:00	0:57

<b>Öppen 4 (7)</b>	<b>3300 m</b>										
		1(148)	2(56)	3(62)	4(129)	5(126)	6(134)	7(137)	8(171)	9(200)	M
<b>1 Claes-Göran Norlin</b>	<b>38:57</b>	<b>6:08</b>	<b>14:47</b>	<b>19:37</b>	<b>26:26</b>	<b>29:36</b>	<b>31:57</b>	<b>34:06</b>	37:15	<b>38:25</b>	<b>38:57</b>
<b>Kungälv OK</b>		<b>6:08</b>	8:39	<b>4:50</b>	<b>6:49</b>	3:10	2:21	2:09	3:09	1:10	0:32
<b>2 Isabell Håkansson</b>	<b>39:33</b>	6:46	15:11	20:36	27:30	30:14	32:16	34:07	<b>37:07</b>	38:52	39:33
<b>Sävedalens AIK</b>		6:46	<b>8:25</b>	5:25	6:54	<b>2:44</b>	<b>2:02</b>	<b>1:51</b>	<b>3:00</b>	1:45	0:41
<b>3 Anna-Karin Mattson</b>	<b>46:18</b>	6:41	18:20	25:01	32:43	36:41	38:47	41:23	44:42	45:51	46:18
<b>Trollhättans SOK</b>		6:41	11:39	6:41	7:42	3:58	2:06	2:36	3:19	<b>1:09</b>	0:27
<b>4 Jan Arvidsson</b>	<b>48:44</b>	7:28	17:51	28:18	35:42	39:30	41:41	44:03	47:05	48:15	48:44
<b>OK Skogshjortarna</b>		7:28	10:23	10:27	7:24	3:48	2:11	2:22	3:02	1:10	0:29
<b>5 Rudolf Brogren</b>	<b>49:28</b>	7:01	17:48	24:26	35:35	39:19	41:55	44:07	47:40	49:03	49:28
<b>Kungälv OK</b>		7:01	10:47	6:38	11:09	3:44	2:36	2:12	3:33	1:23	<b>0:25</b>
<b>6 Lena Håkansson</b>	<b>53:40</b>	11:04	21:17	28:28	38:07	42:18	44:35	47:12	51:10	52:59	53:40
<b>IK Uven</b>		11:04	10:13	7:11	9:39	4:11	2:17	2:37	3:58	1:49	0:41

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Pl	Namn	Tid										
<b>Öppen 4 (7)</b>		<b>3300 m</b>		<i>(forts.)</i>								
		1(148)	2(56)	3(62)	4(129)	5(126)	6(134)	7(137)	8(171)	9(200)	M	
<b>7</b>	<b>Ingemar Blom</b>	<b>1:10:26</b>	25:15	38:53	45:55	53:28	56:54	59:37	1:03:52	1:07:54	1:09:40	1:10:26
	<b>IK Uven</b>		25:15	13:38	7:02	7:33	3:26	2:43	4:15	4:02	1:46	0:46

<b>Öppen 5 (8)</b>		<b>3600 m</b>		1(152)	2(56)	3(62)	4(130)	5(123)	6(137)	7(171)	8(200)	M
<b>1</b>	<b>Marcus Ullman</b>	<b>35:06</b>	3:27	11:41	<b>15:43</b>	22:02	<b>27:31</b>	<b>31:31</b>	<b>33:51</b>	<b>34:42</b>	<b>35:06</b>	
	<b>OK Alehof</b>		3:27	8:14	<b>4:02</b>	6:19	<b>5:29</b>	4:00	<b>2:20</b>	<b>0:51</b>	<b>0:24</b>	
<b>2</b>	<b>Joakim Gustavsson</b>	<b>36:48</b>	2:59	11:14	18:46	22:51	28:31	32:17	35:08	36:20	36:48	
	<b>Tibro OK</b>		2:59	8:15	7:32	<b>4:05</b>	5:40	<b>3:46</b>	2:51	1:12	0:28	
<b>3</b>	<b>Anton Pettersson</b>	<b>37:12</b>	<b>2:57</b>	<b>10:14</b>	16:11	<b>20:55</b>	28:07	33:06	35:51	36:43	37:12	
	<b>Mariestads FK</b>		<b>2:57</b>	<b>7:17</b>	5:57	4:44	7:12	4:59	2:45	0:52	0:29	
<b>4</b>	<b>Jonas Leander</b>	<b>39:00</b>	2:59	11:13	17:56	22:18	28:43	34:53	37:25	38:28	39:00	
	<b>Lerums SOK</b>		2:59	8:14	6:43	4:22	6:25	6:10	2:32	1:03	0:32	
<b>5</b>	<b>Anna Karlsson</b>	<b>50:10</b>	5:08	15:51	22:00	28:53	38:13	45:19	48:05	49:28	50:10	
	<b>SOK 68</b>		5:08	10:43	6:09	6:53	9:20	7:06	2:46	1:23	0:42	
<b>6</b>	<b>Jonas Karlsson</b>	<b>57:26</b>	9:05	20:05	24:52	38:59	45:37	52:33	55:31	56:53	57:26	
	<b>Markbygdens OK</b>		9:05	11:00	4:47	14:07	6:38	6:56	2:58	1:22	0:33	
	<b>Ammi Andersson</b>	<b>Ej godk.</b>	4:26	15:30	-----	-----	-----	-----	-----	49:54	50:27	
	<b>Mariestads FK</b>		4:26	11:04						34:24	0:33	
	<b>Katarina Hedberg</b>	<b>Ej godk.</b>	12:20	-----	-----	-----	-----	37:36	41:41	43:42	44:34	
	<b>Lerums SOK</b>		12:20					25:16	4:05	2:01	0:52	

<b>Öppen 7 (10)</b>		<b>2600 m</b>		1(154)	2(150)	3(146)	4(57)	5(127)	6(139)	7(171)	8(200)	M
<b>1</b>	<b>Adam Fredén</b>	<b>25:24</b>	<b>2:02</b>	<b>4:58</b>	<b>7:08</b>	<b>11:19</b>	<b>14:57</b>	<b>21:01</b>	<b>24:27</b>	<b>25:06</b>	<b>25:24</b>	
	<b>Falköpings AIK OK</b>		<b>2:02</b>	<b>2:56</b>	<b>2:10</b>	<b>4:11</b>	<b>3:38</b>	<b>6:04</b>	<b>3:26</b>	<b>0:39</b>	<b>0:18</b>	
<b>2</b>	<b>Tommy Roos</b>	<b>35:09</b>	3:06	6:57	11:27	17:12	22:35	28:49	33:15	34:34	35:09	
	<b>Falköpings AIK OK</b>		3:06	3:51	4:30	5:45	5:23	6:14	4:26	1:19	0:35	
<b>3</b>	<b>Kajsa Spetz</b>	<b>37:30</b>	2:44	8:03	12:06	19:02	24:37	31:36	36:13	37:06	37:30	
	<b>Ulricehamns OK</b>		2:44	5:19	4:03	6:56	5:35	6:59	4:37	0:53	0:24	
<b>4</b>	<b>Stefan Spetz</b>	<b>37:35</b>	2:47	8:07	12:09	19:01	24:40	31:40	36:13	37:10	37:35	
	<b>Ulricehamns OK</b>		2:47	5:20	4:02	6:52	5:39	7:00	4:33	0:57	0:25	
<b>5</b>	<b>Tim Zetterberg</b>	<b>40:20</b>	2:18	7:34	15:51	21:54	26:35	35:00	38:46	39:59	40:20	
	<b>Falköpings AIK OK</b>		2:18	5:16	8:17	6:03	4:41	8:25	3:46	1:13	0:21	
<b>6</b>	<b>Leif Moberg</b>	<b>43:49</b>	2:39	8:18	12:05	19:08	26:25	36:01	42:05	43:19	43:49	
	<b>Vänersborgs SK</b>		2:39	5:39	3:47	7:03	7:17	9:36	6:04	1:14	0:30	
<b>7</b>	<b>Håkan B Samor</b>	<b>46:37</b>	2:26	14:24	19:45	24:47	30:13	40:25	45:23	46:13	46:37	
	<b>Sävedalens AIK</b>		2:26	11:58	5:21	5:02	5:26	10:12	4:58	0:50	0:24	
<b>8</b>	<b>Lars Renberg</b>	<b>49:15</b>	4:28	10:36	15:00	23:09	30:44	41:36	46:55	48:34	49:15	
	<b>Markbygdens OK</b>		4:28	6:08	4:24	8:09	7:35	10:52	5:19	1:39	0:41	
<b>9</b>	<b>Anders Dahlberg</b>	<b>51:03</b>	3:31	9:40	15:58	25:46	32:42	40:42	48:54	50:23	51:03	40:02
	<b>Falköpings AIK OK</b>		3:31	6:09	6:18	9:48	6:56	8:00	8:12	1:29	0:40	*138
	<b>Rolf Eckermark</b>	<b>Ej godk.</b>	2:36	9:24	12:33	-----	-----	-----	-----	39:19	40:32	
	<b>Göteborg-Majorna OK</b>		2:36	6:48	3:09					26:46	1:13	

Pl	Namn	Tid															
<b>Öppen 9 (1)</b>		<b>6800 m</b>															
		1(159)	2(158)	3(155)	4(150)	5(54)	6(46)	7(48)	8(50)	9(44)	10(113)	11(118)	12(139)	13(171)	14(200)	M	
<b>1</b>	<b>Markus Båth</b>	<b>55:34</b>	<b>2:17</b>	<b>3:10</b>	<b>7:03</b>	<b>10:04</b>	<b>17:24</b>	<b>19:45</b>	<b>24:24</b>	<b>26:13</b>	<b>33:41</b>	<b>45:07</b>	<b>48:14</b>	<b>51:47</b>	<b>54:23</b>	<b>55:05</b>	<b>55:34</b>
	<b>IFK Göteborg</b>		<b>2:17</b>	<b>0:53</b>	<b>3:53</b>	<b>3:01</b>	<b>7:20</b>	<b>2:21</b>	<b>4:39</b>	<b>1:49</b>	<b>7:28</b>	<b>11:26</b>	<b>3:07</b>	<b>3:33</b>	<b>2:36</b>	<b>0:42</b>	<b>0:29</b>
<b>GH70 (2)</b>		<b>3600 m</b>															
		1(156)	2(149)	3(53)	4(63)	5(59)	6(127)	7(138)	8(171)	9(200)	M						
<b>1</b>	<b>Roland Dahl</b>	<b>54:44</b>	<b>5:21</b>	<b>13:13</b>	<b>22:50</b>	<b>29:06</b>	<b>38:08</b>	<b>43:15</b>	<b>48:44</b>	<b>53:03</b>	<b>54:11</b>	<b>54:44</b>					
	<b>IFK Göteborg</b>		<b>5:21</b>	<b>7:52</b>	<b>9:37</b>	<b>6:16</b>	9:02	<b>5:07</b>	<b>5:29</b>	<b>4:19</b>	<b>1:08</b>	<b>0:33</b>					
<b>2</b>	<b>Roland Aasa</b>	<b>1:22:13</b>	20:48	28:59	44:04	51:17	59:13	1:07:20	1:14:12	1:19:38	1:22:13						
	<b>IK Uven</b>		20:48	8:11	15:05	7:13	<b>7:56</b>	8:07	6:52	5:26	1:58	0:37					
<b>GH65 (10)</b>		<b>3800 m</b>															
		1(156)	2(146)	3(53)	4(63)	5(115)	6(138)	7(171)	8(200)	M							
<b>1</b>	<b>Lennart Carlström</b>	<b>47:34</b>	<b>4:17</b>	<b>8:52</b>	<b>17:02</b>	<b>22:01</b>	<b>35:25</b>	<b>42:49</b>	<b>46:15</b>	<b>47:07</b>	<b>47:34</b>						
	<b>OK Landehof</b>		<b>4:17</b>	<b>4:35</b>	<b>8:10</b>	<b>4:59</b>	13:24	7:24	<b>3:26</b>	<b>0:52</b>	0:27						
<b>2</b>	<b>Christer Westberg</b>	<b>57:39</b>	6:06	12:28	23:26	31:26	44:47	52:20	56:02	57:15	57:39						
	<b>IFK Göteborg</b>		6:06	6:22	10:58	8:00	<b>13:21</b>	7:33	3:42	1:13	<b>0:24</b>						
<b>3</b>	<b>Ingemar Lindblom</b>	<b>1:06:49</b>	5:52	12:14	30:38	38:18	53:02	1:00:16	1:04:59	1:06:13	1:06:49						
	<b>IFK Göteborg</b>		5:52	6:22	18:24	7:40	14:44	7:14	4:43	1:14	0:36						
<b>4</b>	<b>Henrik Hvoslef</b>	<b>1:08:41</b>	4:50	13:00	27:41	33:48	55:51	1:02:18	1:07:03	1:08:06	1:08:41						
	<b>IK Stern</b>		4:50	8:10	14:41	6:07	22:03	<b>6:27</b>	4:45	1:03	0:35						
<b>5</b>	<b>Acke Wählander</b>	<b>1:15:12</b>	5:51	12:22	23:24	42:18	1:01:39	1:08:42	1:13:33	1:14:42	1:15:12						
	<b>Göteborg-Majorna OK</b>		5:51	6:31	11:02	18:54	19:21	7:03	4:51	1:09	0:30						
<b>6</b>	<b>Karl-Axel Johansson</b>	<b>1:16:11</b>	6:58	15:11	28:33	37:24	58:08	1:07:15	1:14:17	1:15:24	1:16:11						
	<b>IK Uven</b>		6:58	8:13	13:22	8:51	20:44	9:07	7:02	1:07	0:47						
<b>7</b>	<b>Bengt Börjesson</b>	<b>1:25:07</b>	6:36	13:34	24:36	32:29	1:09:23	1:17:39	1:22:40	1:24:10	1:25:07						
	<b>OK Alehof</b>		6:36	6:58	11:02	7:53	36:54	8:16	5:01	1:30	0:57						
<b>8</b>	<b>Gunnar Vallin</b>	<b>1:25:13</b>	5:18	11:24	20:48	28:26	42:51	1:18:05	1:23:05	1:24:32	1:25:13						
	<b>OK Landehof</b>		5:18	6:06	9:24	7:38	14:25	35:14	5:00	1:27	0:41	1:22:21 *170					
<b>9</b>	<b>Bror Andreasson</b>	<b>1:34:01</b>	7:37	18:26	37:20	50:45	1:13:10	1:22:54	1:31:08	1:33:21	1:34:01						
	<b>Tolered-Utby Ol-klubb</b>		7:37	10:49	18:54	13:25	22:25	9:44	8:14	2:13	0:40						
	<b>Sune Mentor</b>	<b>Ej godk.</b>	19:38	29:47	-----	-----	-----	-----	-----	-----	59:40						
	<b>Göteborg-Majorna OK</b>		19:38	10:09													
<b>GH60 (7)</b>		<b>4300 m</b>															
		1(155)	2(146)	3(55)	4(45)	5(47)	6(63)	7(115)	8(119)	9(138)	10(171)	11(200)	M				
<b>1</b>	<b>Olle Adolfsson</b>	<b>51:01</b>	4:17	<b>9:03</b>	<b>14:54</b>	<b>17:44</b>	<b>20:29</b>	<b>25:46</b>	<b>38:36</b>	<b>39:33</b>	<b>45:22</b>	<b>49:16</b>	<b>50:34</b>	<b>51:01</b>	50:35		
	<b>Lerums SOK</b>		4:17	<b>4:46</b>	<b>5:51</b>	<b>2:50</b>	<b>2:45</b>	5:17	12:50	<b>0:57</b>	<b>5:49</b>	<b>3:54</b>	1:18	<b>0:27</b>	*200		
<b>2</b>	<b>Hans Carlstedt</b>	<b>1:02:20</b>	4:34	11:28	22:40	26:11	29:38	34:56	47:32	48:50	55:32	1:00:33	1:01:42	1:02:20			
	<b>Sävedalens AIK</b>		4:34	6:54	11:12	3:31	3:27	5:18	<b>12:36</b>	1:18	6:42	5:01	1:09	0:38			
<b>3</b>	<b>Lars-Göran Axmalm</b>	<b>1:04:49</b>	7:58	15:03	23:10	26:11	29:51	35:21	49:44	50:54	57:53	1:02:41	1:04:09	1:04:49			
	<b>Sävedalens AIK</b>		7:58	7:05	8:07	3:01	3:40	5:30	14:23	1:10	6:59	4:48	1:28	0:40			
<b>4</b>	<b>Jukka Rankanen</b>	<b>1:10:24</b>	7:10	14:29	23:27	27:40	31:51	37:03	55:31	56:54	1:04:11	1:08:42	1:09:47	1:10:24			
	<b>Sjövalla FK</b>		7:10	7:19	8:58	4:13	4:11	5:12	18:28	1:23	7:17	4:31	<b>1:05</b>	0:37			
<b>5</b>	<b>Bo Sören Svensson</b>	<b>1:15:09</b>	5:37	11:59	20:19	23:32	27:22	33:02	1:00:04	1:01:16	1:08:46	1:13:25	1:14:33	1:15:09			
	<b>Sjövalla FK</b>		5:37	6:22	8:20	3:13	3:50	5:40	27:02	1:12	7:30	4:39	1:08	0:36			
<b>6</b>	<b>Lars-Olov Dahlberg</b>	<b>1:19:07</b>	5:04	15:37	24:26	29:25	36:05	41:14	1:01:39	1:06:37	1:12:58	1:17:28	1:18:34	1:19:07			
	<b>OK Landehof</b>		5:04	10:33	8:49	4:59	6:40	<b>5:09</b>	20:25	4:58	6:21	4:30	1:06	0:33			

Pl	Namn	Tid														
<b>GH60 (7)</b>		<b>4300 m</b>		<i>(forts.)</i>												
		1(155)	2(146)	3(55)	4(45)	5(47)	6(63)	7(115)	8(119)	9(138)	10(171)	11(200)	M			
	<b>Mats Kågeson</b>	<b>Ej godk.</b>	<b>3:30</b>	13:33	22:10	-----	-----	-----	-----	-----	-----	-----	-----	48:25		
	<b>Lerums SOK</b>		<b>3:30</b>	10:03	8:37									26:15		
<b>GH55 (6)</b>		<b>4800 m</b>														
		1(155)	2(150)	3(55)	4(46)	5(47)	6(63)	7(115)	8(118)	9(127)	10(138)	11(170)	12(200)	M		
	<b>1 Bo Håkansson</b>	<b>56:34</b>	3:50	7:41	15:13	18:56	22:02	3:50	26:51	<b>37:03</b>	<b>38:16</b>	<b>44:06</b>	<b>51:52</b>	<b>54:59</b>	<b>56:04</b>	<b>56:34</b>
	<b>IFK Göteborg</b>		3:50	3:51	7:32	<b>3:43</b>	<b>3:06</b>	4:49	<b>10:12</b>	1:13	5:50	7:46	3:07	<b>1:05</b>	0:30	
	<b>2 Ulf Pettersson</b>	<b>58:57</b>	<b>3:24</b>	<b>5:57</b>	<b>13:21</b>	<b>17:06</b>	<b>21:22</b>	<b>25:46</b>	43:49	44:52	50:04	54:35	57:24	58:32	58:57	41:35
	<b>Kungälv OK</b>		<b>3:24</b>	<b>2:33</b>	<b>7:24</b>	3:45	4:16	<b>4:24</b>	18:03	<b>1:03</b>	<b>5:12</b>	<b>4:31</b>	<b>2:49</b>	1:08	<b>0:25</b>	*36
	<b>3 Björn Engström</b>	<b>1:12:52</b>	4:51	10:02	21:28	25:47	29:33	35:33	53:50	55:09	1:01:31	1:07:12	1:10:59	1:12:23	1:12:52	
	<b>Lerums SOK</b>		4:51	5:11	11:26	4:19	3:46	6:00	18:17	1:19	6:22	5:41	3:47	1:24	0:29	
	<b>4 Jan Carlsson</b>	<b>1:14:27</b>	3:43	8:29	20:29	27:30	31:20	41:13	53:41	55:28	1:02:16	1:08:51	1:12:05	1:13:54	1:14:27	
	<b>IFK Göteborg</b>		3:43	4:46	12:00	7:01	3:50	9:53	12:28	1:47	6:48	6:35	3:14	1:49	0:33	
	<b>5 Kjell Ehrencrona</b>	<b>1:20:54</b>	5:00	10:54	24:37	31:13	35:23	41:22	56:58	58:52	1:05:55	1:14:04	1:18:24	1:20:15	1:20:54	
	<b>IFK Göteborg</b>		5:00	5:54	13:43	6:36	4:10	5:59	15:36	1:54	7:03	8:09	4:20	1:51	0:39	
	<b>Stefan Janslätt</b>	<b>Ej godk.</b>	8:01	22:58	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----		
	<b>Tolered-Utby OI-klubb</b>		8:01	14:57												
<b>GH50 (6)</b>		<b>5300 m</b>														
		1(157)	2(150)	3(53)	4(45)	5(49)	6(52)	7(51)	8(36)	9(118)	10(139)	11(170)	12(200)	M		
	<b>1 Stefan Sjöblom</b>	<b>1:00:18</b>	6:23	10:15	19:17	20:31	25:39	26:47	29:50	<b>47:14</b>	<b>49:34</b>	<b>54:40</b>	<b>58:20</b>	<b>59:50</b>	<b>1:00:18</b>	
	<b>Frölunda OL</b>		6:23	<b>3:52</b>	<b>9:02</b>	1:14	<b>5:08</b>	1:08	3:03	17:24	<b>2:20</b>	5:06	3:40	1:30	0:28	
	<b>2 Lasse Pedersen</b>	<b>1:03:34</b>	2:14	<b>7:14</b>	<b>17:08</b>	<b>18:47</b>	<b>25:14</b>	<b>26:42</b>	<b>29:45</b>	47:47	51:09	58:07	1:01:50	1:03:04	1:03:34	
	<b>Göteborg-Majorna OK</b>		2:14	5:00	9:54	1:39	6:27	1:28	3:03	18:02	3:22	6:58	3:43	1:14	0:30	
	<b>3 Pierre Karlsson</b>	<b>1:06:02</b>	3:11	9:24	24:46	26:06	32:59	34:09	36:47	53:39	56:03	1:00:47	1:04:16	1:05:27	1:06:02	23:26
	<b>OK Alehof</b>		3:11	6:13	15:22	1:20	6:53	1:10	2:38	<b>16:52</b>	2:24	4:44	3:29	1:11	0:35	*45
	<b>4 Martin Eickhoff</b>	<b>1:08:38</b>	2:49	8:00	19:01	20:40	28:00	29:25	32:27	54:28	57:02	1:03:23	1:06:43	1:08:13	1:08:38	51:12
	<b>Sävedalens AIK</b>		2:49	5:11	11:01	1:39	7:20	1:25	3:02	22:01	2:34	6:21	<b>3:20</b>	1:30	<b>0:25</b>	*113
	<b>5 Mats Lindqvist</b>	<b>1:09:44</b>	<b>2:06</b>	8:22	17:43	18:51	33:47	34:48	36:55	57:16	59:58	1:04:40	1:08:12	1:09:16	1:09:44	
	<b>Sävedalens AIK</b>		<b>2:06</b>	6:16	9:21	<b>1:08</b>	14:56	<b>1:01</b>	<b>2:07</b>	20:21	2:42	<b>4:42</b>	3:32	<b>1:04</b>	0:28	
	<b>6 Sören Nasenius</b>	<b>1:25:08</b>	4:51	10:36	26:25	28:13	37:13	38:48	42:47	1:06:43	1:09:28	1:17:44	1:23:01	1:24:29	1:25:08	
	<b>IFK Göteborg</b>		4:51	5:45	15:49	1:48	9:00	1:35	3:59	23:56	2:45	8:16	5:17	1:28	0:39	
<b>GH45 (11)</b>		<b>5500 m</b>														
		1(157)	2(151)	3(54)	4(46)	5(49)	6(50)	7(51)	8(36)	9(119)	10(138)	11(170)	12(200)	M		
	<b>1 Magnus Ullman</b>	<b>49:29</b>	<b>1:41</b>	<b>4:47</b>	<b>13:24</b>	16:16	<b>20:14</b>	<b>21:47</b>	<b>23:35</b>	<b>36:15</b>	<b>37:56</b>	<b>45:13</b>	<b>47:59</b>	<b>49:03</b>	<b>49:29</b>	
	<b>OK Alehof</b>		<b>1:41</b>	3:06	<b>8:37</b>	2:52	<b>3:58</b>	<b>1:33</b>	1:48	<b>12:40</b>	<b>1:41</b>	7:17	2:46	1:04	0:26	
	<b>2 Ulf Wallin</b>	<b>53:06</b>	1:54	5:18	15:18	18:16	22:50	24:42	26:41	41:27	43:17	48:44	51:40	52:40	53:06	
	<b>Sjövalla FK</b>		1:54	3:24	10:00	2:58	4:34	1:52	1:59	14:46	1:50	5:27	2:56	1:00	0:26	
	<b>3 Per-Arne Wahlgren</b>	<b>55:37</b>	<b>1:41</b>	4:49	13:50	<b>16:03</b>	20:26	22:24	24:04	41:10	43:13	51:36	54:16	55:11	55:37	
	<b>Sjövalla FK</b>		<b>1:41</b>	3:08	9:01	<b>2:13</b>	4:23	1:58	1:40	17:06	2:03	8:23	<b>2:40</b>	<b>0:55</b>	0:26	
	<b>4 Per Sander</b>	<b>56:33</b>	2:15	5:16	14:24	17:20	21:40	23:20	24:54	45:57	47:52	52:10	54:58	56:12	56:33	22:33
	<b>Göteborg-Majorna OK</b>		2:15	3:01	9:08	2:56	4:20	1:40	<b>1:34</b>	21:03	1:55	<b>4:18</b>	2:48	1:14	<b>0:21</b>	*52
	<b>5 Björn Lindau</b>	<b>57:09</b>	1:50	5:15	16:26	19:20	25:10	26:51	28:48	45:33	47:19	52:46	55:41	56:41	57:09	
	<b>Tolered-Utby OI-klubb</b>		1:50	3:25	11:11	2:54	5:50	1:41	1:57	16:45	1:46	5:27	2:55	1:00	0:28	
	<b>6 Christer Borg</b>	<b>1:00:55</b>	2:15	6:54	19:34	23:34	28:43	31:37	33:45	48:14	50:40	56:11	59:19	1:00:26	1:00:55	
	<b>Göteborg-Majorna OK</b>		2:15	4:39	12:40	4:00	5:09	2:54	2:08	14:29	2:26	5:31	3:08	1:07	0:29	

Pl	Namn	Tid															
<b>GH45 (11) 5500 m</b>		<i>(forts.)</i>															
		1(157)	2(151)	3(54)	4(46)	5(49)	6(50)	7(51)	8(36)	9(119)	10(138)	11(170)	12(200)	M			
<b>7</b>	<b>Maths Carlsson</b>	<b>1:01:19</b>	4:32	7:16	16:51	19:04	23:22	24:59	26:33	47:06	51:18	56:32	59:41	1:00:48	1:01:19	24:18	
	<b>Tolered-Utby OI-klubb</b>		4:32	<b>2:44</b>	9:35	<b>2:13</b>	4:18	1:37	<b>1:34</b>	20:33	4:12	5:14	3:09	1:07	0:31	*52	
<b>8</b>	<b>Johan Byström</b>	<b>1:03:39</b>	2:51	7:31	19:05	23:00	27:48	29:34	31:41	50:29	52:55	57:30	1:02:06	1:03:17	1:03:39		
	<b>KFUK-KFUM IA Göteborg</b>		2:51	4:40	11:34	3:55	4:48	1:46	2:07	18:48	2:26	4:35	4:36	1:11	0:22		
<b>9</b>	<b>Tomas Andreasson</b>	<b>1:23:56</b>	3:46	8:15	30:43	34:24	40:24	42:10	45:03	1:07:05	1:10:07	1:17:28	1:22:06	1:23:24	1:23:56		
	<b>Frölunda OL</b>		3:46	4:29	22:28	3:41	6:00	1:46	2:53	22:02	3:02	7:21	4:38	1:18	0:32		
	<b>Thomas Attfors</b>	<b>Ej godk.</b>	3:31	7:03	21:26	----	----	----	----	----	----	34:31	37:38	39:19	39:55		
	<b>Tolered-Utby OI-klubb</b>		3:31	3:32	14:23							13:05	3:07	1:41	0:36		
	<b>Anders Pettrén</b>	<b>Ej godk.</b>	4:52	11:17	25:36	34:37	41:07	43:22	46:51	1:12:28	----	----	----	----	1:32:21		
	<b>Kungälv OK</b>		4:52	6:25	14:19	9:01	6:30	2:15	3:29	25:37					19:53		
<b>GH40 (6) 6200 m</b>			1(159)	2(158)	3(155)	4(150)	5(54)	6(46)	7(48)	8(50)	9(51)	10(36)	11(119)	12(139)	13(170)	14(200)	M
<b>1</b>	<b>Anders Wadsten</b>	<b>59:50</b>	2:23	3:35	8:16	12:40	22:28	27:13	32:07	34:31	36:05	<b>48:44</b>	<b>50:18</b>	<b>55:24</b>	<b>57:56</b>	<b>59:24</b>	<b>59:50</b>
	<b>OK Landehof</b>		2:23	1:12	4:41	4:24	9:48	4:45	4:54	2:24	1:34	<b>12:39</b>	<b>1:34</b>	5:06	<b>2:32</b>	1:28	<b>0:26</b>
<b>2</b>	<b>Leif Einarsson</b>	<b>1:05:23</b>	3:01	4:05	8:51	12:30	21:18	24:16	29:22	32:27	34:31	50:56	54:37	1:00:38	1:03:56	1:04:56	1:05:23
	<b>Kungälv OK</b>		3:01	1:04	4:46	3:39	8:48	2:58	5:06	3:05	2:04	16:25	3:41	6:01	3:18	<b>1:00</b>	0:27
<b>3</b>	<b>Anders Lamm</b>	<b>1:06:31</b>	2:27	3:35	9:00	12:43	21:49	24:13	29:25	32:51	34:44	54:14	56:17	1:01:21	1:04:37	1:06:03	1:06:31
	<b>Frölunda OL</b>		2:27	1:08	5:25	3:43	9:06	2:24	5:12	3:26	1:53	19:30	2:03	<b>5:04</b>	3:16	1:26	0:28
<b>4</b>	<b>Thomas Borne</b>	<b>1:34:58</b>	6:21	7:43	17:28	24:44	38:22	40:54	47:15	52:11	54:53	1:17:51	1:20:13	1:27:04	1:33:10	1:34:31	1:34:58
	<b>Frölunda OL</b>		6:21	1:22	9:45	7:16	13:38	2:32	6:21	4:56	2:42	22:58	2:22	6:51	6:06	1:21	0:27
	<b>Klas Dalberg</b>	<b>Ej godk.</b>	<b>2:02</b>	<b>2:56</b>	<b>6:41</b>	<b>9:20</b>	<b>16:00</b>	<b>17:51</b>	<b>21:12</b>	<b>23:16</b>	<b>24:24</b>	----	----	----	----	----	48:11
	<b>Göteborg-Majorna OK</b>		<b>2:02</b>	<b>0:54</b>	<b>3:45</b>	<b>2:39</b>	<b>6:40</b>	<b>1:51</b>	<b>3:21</b>	<b>2:04</b>	<b>1:08</b>						23:47
	<b>Jan Hinder</b>	<b>Ej godk.</b>	3:40	5:06	12:19	16:05	----	----	----	----	----	----	----	28:56	32:50	34:17	34:57
	<b>Tolered-Utby OI-klubb</b>		3:40	1:26	7:13	3:46								12:51	3:54	1:27	0:40
<b>GH35 (6) 6800 m</b>			1(159)	2(158)	3(155)	4(150)	5(54)	6(46)	7(48)	8(50)	9(44)	10(113)	11(118)	12(139)	13(171)	14(200)	M
<b>1</b>	<b>Fredrik Karlsson</b>	<b>57:46</b>	<b>2:23</b>	<b>3:18</b>	<b>7:31</b>	<b>9:52</b>	20:58	22:54	<b>26:15</b>	<b>28:07</b>	<b>34:31</b>	<b>47:26</b>	<b>50:10</b>	<b>53:39</b>	<b>56:26</b>	<b>57:21</b>	<b>57:46</b>
	<b>Göteborg-Majorna OK</b>		<b>2:23</b>	<b>0:55</b>	4:13	<b>2:21</b>	11:06	<b>1:56</b>	<b>3:21</b>	<b>1:52</b>	<b>6:24</b>	12:55	2:44	<b>3:29</b>	<b>2:47</b>	0:55	<b>0:25</b>
<b>2</b>	<b>Anders Lövgård</b>	<b>1:02:24</b>	2:32	3:48	8:16	11:38	20:47	23:05	27:45	30:23	37:32	50:07	54:04	58:23	1:01:13	1:01:59	1:02:24
	<b>OK Alehof</b>		2:32	1:16	4:28	3:22	9:09	2:18	4:40	2:38	7:09	<b>12:35</b>	3:57	4:19	2:50	0:46	<b>0:25</b>
<b>3</b>	<b>Magnus Homann</b>	<b>1:04:42</b>	2:39	3:42	8:54	12:13	20:40	24:15	29:44	32:03	39:58	54:03	56:27	1:00:35	1:03:31	1:04:15	1:04:42
	<b>Frölunda OL</b>		2:39	1:03	5:12	3:19	8:27	3:35	5:29	2:19	7:55	14:05	<b>2:24</b>	4:08	2:56	<b>0:44</b>	0:27
<b>4</b>	<b>Christer Casselsjö</b>	<b>1:05:17</b>	2:51	3:48	7:48	11:42	19:26	<b>21:59</b>	27:03	29:26	36:51	53:01	55:39	1:00:18	1:04:03	1:04:51	1:05:17
	<b>IFK Göteborg</b>		2:51	0:57	<b>4:00</b>	3:54	7:44	2:33	5:04	2:23	7:25	16:10	2:38	4:39	3:45	0:48	0:26
<b>5</b>	<b>Peter Asp</b>	<b>1:10:04</b>	2:30	3:32	8:34	11:50	<b>19:19</b>	23:00	29:00	31:15	38:11	51:27	1:00:03	1:05:35	1:08:49	1:09:38	1:10:04
	<b>IFK Göteborg</b>		2:30	1:02	5:02	3:16	<b>7:29</b>	3:41	6:00	2:15	6:56	13:16	8:36	5:32	3:14	0:49	0:26
<b>6</b>	<b>Anders Arfwedson</b>	<b>1:20:23</b>	3:27	4:31	9:47	13:27	24:07	26:58	32:50	35:26	43:12	1:06:15	1:09:23	1:15:15	1:18:54	1:19:50	1:20:23
	<b>Frölunda OL</b>		3:27	1:04	5:16	3:40	10:40	2:51	5:52	2:36	7:46	23:03	3:08	5:52	3:39	0:56	0:33
<b>GH21 (8) 9100 m</b>			1(159)	2(158)	3(155)	4(146)	5(54)	6(49)	7(37)	8(35)	9(44)	10(113)	11(118)	12(138)	13(170)	14(200)	M
<b>1</b>	<b>Erik Engstrand</b>	<b>1:03:32</b>	2:01	<b>2:49</b>	<b>6:15</b>	10:12	<b>15:05</b>	<b>18:58</b>	<b>29:30</b>	<b>35:00</b>	<b>45:13</b>	<b>54:50</b>	<b>56:50</b>	<b>1:00:16</b>	<b>1:02:29</b>	<b>1:03:12</b>	<b>1:03:32</b>
	<b>IFK Göteborg</b>		2:01	<b>0:48</b>	<b>3:26</b>	3:57	<b>4:53</b>	<b>3:53</b>	<b>10:32</b>	<b>5:30</b>	<b>10:13</b>	<b>9:37</b>	<b>2:00</b>	<b>3:26</b>	2:13	<b>0:43</b>	0:20
<b>2</b>	<b>Karl Tiselius</b>	<b>1:09:49</b>	2:16	3:04	6:35	10:55	16:17	20:34	31:34	37:46	48:50	1:00:28	1:03:01	1:06:28	1:08:39	1:09:30	1:09:49
	<b>Göteborg-Majorna OK</b>		2:16	<b>0:48</b>	3:31	4:20	5:22	4:17	11:00	6:12	11:04	11:38	2:33	3:27	2:11	0:51	0:19

Pl	Namn	Tid	1(159)	2(158)	3(155)	4(146)	5(54)	6(49)	7(37)	8(35)	9(44)	10(113)	11(118)	12(138)	13(170)	14(200)	M
<b>GH21 (8) 9100 m</b>			<i>(forts.)</i>														
3	Anders Høije Göteborg-Majorna OK	1:10:58	2:21	3:15	7:26	10:56	16:07	21:19	32:28	38:09	49:57	1:00:55	1:03:08	1:07:10	1:09:47	1:10:34	1:10:58
4	Anders Hedberg Göteborg-Majorna OK	1:16:22	2:21	0:54	4:11	3:30	5:11	5:12	11:09	5:41	11:48	10:58	2:13	4:02	2:37	0:47	0:24
5	John Persson OK Alehof	1:18:11	1:59	2:51	6:46	10:05	15:36	20:35	33:02	39:41	51:45	1:05:07	1:07:26	1:12:50	1:15:05	1:15:52	1:16:22
6	András Szabo Göteborg-Majorna OK	1:24:41	1:56	0:55	3:55	3:19	5:31	4:59	12:27	6:39	12:04	13:22	2:19	5:24	2:15	0:47	0:30
	Per-Åke Bastestad Tolered-Utby OI-klubb	Ej godk.	1:59	0:52	3:52	5:27	5:30	4:59	12:28	6:37	12:05	13:17	2:22	5:26	2:09	0:45	0:23
	Johnny Hålsjö Göteborg-Majorna OK	Ej godk.	3:07	4:02	9:43	13:19	18:40	23:22	37:08	47:57	1:00:16	1:11:45	1:14:14	1:20:43	1:23:28	1:24:23	1:24:41
			3:07	0:55	5:41	3:36	5:21	4:42	13:46	10:49	12:19	11:29	2:29	6:29	2:45	0:55	0:18
			2:44	3:46	8:57	14:15	21:15	31:30	45:57	59:42	1:15:14	1:38:46	-----	-----	-----	1:51:31	1:52:09
			2:44	1:02	5:11	5:18	7:00	10:15	14:27	13:45	15:32	23:32	-----	-----	-----	12:45	0:38
			2:19	3:18	7:16	11:16	17:11	32:31	-----	-----	-----	-----	-----	56:59	-----	1:00:38	1:01:19
			2:19	0:59	3:58	4:00	5:55	15:20	-----	-----	-----	-----	-----	24:28	-----	3:39	0:41
<b>GH16 (6) 4800 m</b>			1(154)	2(151)	3(55)	4(45)	5(47)	6(115)	7(118)	8(127)	9(138)	10(171)	11(200)	M			
1	Måns Östman Göteborg-Majorna OK	40:34	1:42	3:56	10:50	12:37	15:05	27:10	28:09	31:48	36:12	39:20	40:12	40:34			
2	Viktor Runnby Göteborg-Majorna OK	46:34	1:43	5:04	16:36	18:39	21:07	33:14	34:08	37:49	42:14	45:22	46:14	46:34			
3	Joakim Eliasson OK Alehof	55:31	1:43	3:21	11:32	2:03	2:28	12:07	0:54	3:41	4:25	3:08	0:52	0:20			
4	Rasmus Larsson OK Alehof	57:13	4:24	8:01	16:13	18:13	22:12	38:09	39:25	43:20	51:54	54:24	55:05	55:31	51:24		
5	Albin Petrén Kungälv OK	59:08	4:24	3:37	8:12	2:00	3:59	15:57	1:16	3:55	8:34	2:30	0:41	0:26	*139		
	Anton Blom IK Uven	Ej godk.	2:01	4:32	14:20	17:15	20:02	41:56	43:00	47:47	52:47	56:01	56:49	57:13			
			2:01	2:31	9:48	2:55	2:47	21:54	1:04	4:47	5:00	3:14	0:48	0:24			
			1:47	4:30	12:55	14:59	18:12	33:13	34:34	46:56	54:07	57:15	58:41	59:08			
			1:47	2:43	8:25	2:04	3:13	15:01	1:21	12:22	7:11	3:08	1:26	0:27			
			1:44	4:21	24:03	26:39	-----	-----	-----	-----	45:09	49:32	50:59	51:22			
			1:44	2:37	19:42	2:36	-----	-----	-----	-----	18:30	4:23	1:27	0:23			
<b>GH14 (9) 3600 m</b>			1(152)	2(56)	3(62)	4(130)	5(123)	6(137)	7(171)	8(200)	M						
1	Gustaf Sparrevik Lerums SOK	29:39	2:27	10:11	13:55	17:24	22:18	26:52	28:34	29:16	29:39						
2	Filip Wadsten OK Landehof	31:50	2:27	7:44	3:44	3:29	4:54	4:34	1:42	0:42	0:23						
3	Gustav Boqvist IK Uven	33:37	2:45	9:55	15:49	19:40	24:36	28:49	30:42	31:24	31:50						
4	Gustav Hinder Tolered-Utby OI-klubb	34:22	2:45	7:10	5:54	3:51	4:56	4:13	1:53	0:42	0:26						
5	Petter Östman Göteborg-Majorna OK	34:47	2:49	9:42	13:25	21:34	26:35	30:20	32:14	33:05	33:37						
6	Heino Ollin Sävedalens AIK	36:24	2:49	6:53	3:43	8:09	5:01	3:45	1:54	0:51	0:32						
7	Rickard Norling Kungälv OK	40:00	2:27	9:57	14:46	18:44	24:01	31:29	33:14	34:00	34:22						
8	Oskar Lindqvist Sävedalens AIK	1:08:54	2:27	7:30	4:49	3:58	5:17	7:28	1:45	0:46	0:22						
	Arvid Våg	Ej godk.	2:27	9:19	14:54	21:38	27:30	31:47	33:41	34:25	34:47						
			2:27	6:52	5:35	6:44	5:52	4:17	1:54	0:44	0:22						
			2:41	11:41	15:22	23:12	28:21	33:07	34:55	35:57	36:24						
			2:41	9:00	3:41	7:50	5:09	4:46	1:48	1:02	0:27						
			3:15	12:44	18:41	23:18	30:07	36:02	38:18	39:34	40:00						
			3:15	9:29	5:57	4:37	6:49	5:55	2:16	1:16	0:26						
			2:31	15:27	20:33	24:56	59:52	1:04:45	1:07:47	1:08:33	1:08:54						
			2:31	12:56	5:06	4:23	34:56	4:53	3:02	0:46	0:21						
			2:34	9:19	13:13	16:50	-----	29:45	-----	31:41	32:14						

Pl	Namn	Tid												
<b>GH14 (9)</b>		<b>3600 m</b>		<i>(forts.)</i>										
		1(152)	2(56)	3(62)	4(130)	5(123)	6(137)	7(171)	8(200)	M				
	<b>Lerums SOK</b>	2:34	<b>6:45</b>	3:54	3:37		12:55		1:56	0:33				
<b>GH12 (2)</b>		<b>2600 m</b>												
		1(153)	2(144)	3(58)	4(129)	5(126)	6(133)	7(137)	8(200)	M				
<b>1</b>	<b>Albin Pålsson</b>	<b>30:25</b>	2:52	12:51	16:55	20:08	23:33	<b>26:57</b>	<b>28:03</b>	<b>30:02</b>	<b>30:25</b>			
	<b>Kungälv OK</b>		2:52	9:59	4:04	3:13	3:25	<b>3:24</b>	1:06	<b>1:59</b>	<b>0:23</b>			
<b>2</b>	<b>Rasmus Arfwedson</b>	<b>32:25</b>	<b>2:50</b>	<b>6:52</b>	<b>10:20</b>	<b>13:30</b>	<b>16:28</b>	28:58	30:02	32:01	32:25			
	<b>Frölunda OL</b>		<b>2:50</b>	<b>4:02</b>	<b>3:28</b>	<b>3:10</b>	<b>2:58</b>	12:30	<b>1:04</b>	<b>1:59</b>	0:24			
<b>GD65 (2)</b>		<b>2600 m</b>												
		1(154)	2(150)	3(146)	4(57)	5(127)	6(139)	7(171)	8(200)	M				
<b>1</b>	<b>Christina Schedwin</b>	<b>47:32</b>	<b>3:04</b>	<b>8:55</b>	<b>13:44</b>	<b>20:45</b>	<b>29:04</b>	<b>39:08</b>	<b>44:43</b>	<b>46:49</b>	<b>47:32</b>			
	<b>FK Herkules</b>		<b>3:04</b>	<b>5:51</b>	<b>4:49</b>	<b>7:01</b>	<b>8:19</b>	<b>10:04</b>	<b>5:35</b>	<b>2:06</b>	<b>0:43</b>			
<b>2</b>	<b>Lillemor Hallin</b>	<b>1:15:11</b>	6:38	16:51	25:46	37:49	49:09	1:02:48	1:11:42	1:14:14	1:15:11			
	<b>OK Landehof</b>		6:38	10:13	8:55	12:03	11:20	13:39	8:54	2:32	0:57			
<b>GD60 (2)</b>		<b>2700 m</b>												
		1(156)	2(149)	3(146)	4(57)	5(127)	6(139)	7(170)	8(200)	M				
<b>1</b>	<b>Ingrid Rex Wallström</b>	<b>56:26</b>	<b>6:50</b>	<b>12:27</b>	<b>18:24</b>	<b>26:32</b>	<b>33:53</b>	<b>46:36</b>	<b>52:58</b>	<b>55:43</b>	<b>56:26</b>			
	<b>IK Uven</b>		<b>6:50</b>	<b>5:37</b>	5:57	<b>8:08</b>	<b>7:21</b>	12:43	<b>6:22</b>	<b>2:45</b>	<b>0:43</b>			
<b>2</b>	<b>Lizzie Hansen</b>	<b>1:07:53</b>	9:56	18:08	23:02	32:24	49:03	57:13	1:04:10	1:06:55	1:07:53			
	<b>OK Landehof</b>		9:56	8:12	<b>4:54</b>	9:22	16:39	<b>8:10</b>	6:57	<b>2:45</b>	0:58			
<b>GD55 (3)</b>		<b>3400 m</b>												
		1(156)	2(146)	3(57)	4(113)	5(115)	6(139)	7(170)	8(200)	M				
<b>1</b>	<b>Karin Axelsson</b>	<b>57:23</b>	10:49	17:52	26:04	<b>38:30</b>	<b>41:28</b>	<b>50:00</b>	<b>55:05</b>	<b>56:48</b>	<b>57:23</b>			
	<b>IK Uven</b>		10:49	7:03	8:12	<b>12:26</b>	<b>2:58</b>	<b>8:32</b>	<b>5:05</b>	1:43	<b>0:35</b>			
<b>2</b>	<b>Solveig Hedenblom</b>	<b>1:09:32</b>	6:30	<b>12:49</b>	20:02	49:51	53:21	1:02:16	1:07:24	1:08:51	1:09:32			
	<b>Sjövalla FK</b>		6:30	<b>6:19</b>	7:13	29:49	3:30	8:55	5:08	<b>1:27</b>	0:41			
	<b>Monica Knutsson</b>	<b>Ej godk.</b>	<b>4:46</b>	13:34	<b>19:10</b>	----	----	----	----	47:06	47:44			
	<b>Sävedalens AIK</b>		<b>4:46</b>	8:48	<b>5:36</b>					27:56	0:38			
<b>GD45 (2)</b>		<b>3600 m</b>												
		1(156)	2(149)	3(53)	4(63)	5(59)	6(127)	7(138)	8(171)	9(200)	M			
<b>1</b>	<b>Annika Aasa</b>	<b>1:04:36</b>	<b>6:25</b>	<b>11:56</b>	<b>24:54</b>	<b>31:35</b>	<b>43:14</b>	<b>51:52</b>	<b>57:54</b>	<b>1:02:31</b>	<b>1:03:57</b>	<b>1:04:36</b>		
	<b>IK Uven</b>		<b>6:25</b>	<b>5:31</b>	<b>12:58</b>	<b>6:41</b>	<b>11:39</b>	8:38	<b>6:02</b>	<b>4:37</b>	<b>1:26</b>	<b>0:39</b>		
<b>2</b>	<b>Jenny Homann</b>	<b>1:25:24</b>	9:55	16:33	32:07	42:57	1:00:50	1:06:23	1:17:50	1:22:55	1:24:43	1:25:24		
	<b>Frölunda OL</b>		9:55	6:38	15:34	10:50	17:53	<b>5:33</b>	11:27	5:05	1:48	0:41		
<b>GD35 (2)</b>		<b>4300 m</b>												
		1(155)	2(146)	3(55)	4(45)	5(47)	6(63)	7(115)	8(119)	9(138)	10(171)	11(200)	M	
<b>1</b>	<b>Pia Johansson</b>	<b>48:19</b>	<b>4:18</b>	9:55	<b>16:07</b>	<b>18:50</b>	<b>22:15</b>	<b>26:37</b>	<b>37:10</b>	<b>38:03</b>	<b>43:37</b>	<b>46:48</b>	<b>47:43</b>	<b>48:19</b>
	<b>OK Landehof</b>		<b>4:18</b>	5:37	<b>6:12</b>	2:43	<b>3:25</b>	<b>4:22</b>	10:33	0:53	<b>5:34</b>	3:11	0:55	0:36
<b>2</b>	<b>Anna Eriksson</b>	<b>49:49</b>	4:32	<b>9:14</b>	16:17	18:53	22:56	28:40	39:11	40:00	45:35	48:33	49:21	49:49
	<b>OK Landehof</b>		4:32	<b>4:42</b>	7:03	<b>2:36</b>	4:03	5:44	<b>10:31</b>	<b>0:49</b>	5:35	<b>2:58</b>	<b>0:48</b>	<b>0:28</b>



Pl	Namn	Tid													
<b>GD21 (7)</b>		<b>5600 m</b>													
		1(156)	2(150)	3(54)	4(46)	5(49)	6(50)	7(51)	8(36)	9(120)	10(139)	11(170)	12(200)	M	
1	Lina Samor	57:07	3:55	8:46	17:13	19:43	25:34	27:14	28:44	45:12	48:29	52:37	55:47	56:43	57:07
	Sävedalens AIK		3:55	4:51	8:27	2:30	5:51	1:40	1:30	16:28	3:17	4:08	3:10	0:56	0:24
2	Elin Hamrefors	1:00:14	4:02	7:10	16:53	20:29	30:25	31:23	33:03	48:20	51:35	55:44	58:52	59:47	1:00:14
	OK Landehof		4:02	3:08	9:43	3:36	9:56	0:58	1:40	15:17	3:15	4:09	3:08	0:55	0:27
3	Camilla Berglund	1:01:25	3:32	6:36	20:51	23:56	28:18	31:41	33:14	47:25	52:34	56:56	59:43	1:00:57	1:01:25
	Sävedalens AIK		3:32	3:04	14:15	3:05	4:22	3:23	1:33	14:11	5:09	4:22	2:47	1:14	0:28
4	Ida-Maria Svensson	1:07:55	4:00	8:11	19:29	22:54	28:09	30:12	32:16	50:55	55:30	1:02:03	1:05:45	1:07:19	1:07:55
	Sävedalens AIK		4:00	4:11	11:18	3:25	5:15	2:03	2:04	18:39	4:35	6:33	3:42	1:34	0:36
5	Linda Martinsson	1:07:56	4:40	8:13	19:11	24:48	29:07	30:44	32:20	50:57	57:25	1:03:35	1:06:21	1:07:30	1:07:56
	IF Marin Väst		4:40	3:33	10:58	5:37	4:19	1:37	1:36	18:37	6:28	6:10	2:46	1:09	0:26
6	Marie Johansson	1:20:58	5:48	10:22	23:49	28:18	33:36	35:28	38:15	1:01:13	1:07:06	1:13:24	1:18:06	1:20:25	1:20:58
	Göteborg-Majorna OK		5:48	4:34	13:27	4:29	5:18	1:52	2:47	22:58	5:53	6:18	4:42	2:19	0:33
7	Hanna Weimann	1:28:58	5:42	13:26	27:02	30:39	38:19	41:52	45:03	1:07:04	1:14:15	1:21:28	1:26:01	1:28:20	1:28:58
	IK Uven		5:42	7:44	13:36	3:37	7:40	3:33	3:11	22:01	7:11	7:13	4:33	2:19	0:38
<b>GD20 (2)</b>		<b>4800 m</b>													
		1(156)	2(150)	3(55)	4(45)	5(47)	6(63)	7(115)	8(118)	9(127)	10(139)	11(170)	12(200)	M	
1	Ida Engström	1:22:36	5:05	10:04	21:12	25:06	28:42	37:03	1:01:45	1:03:34	1:10:14	1:15:52	1:20:26	1:22:09	1:22:36
	Lerums SOK		5:05	4:59	11:08	3:54	3:36	8:21	24:42	1:49	6:40	5:38	4:34	1:43	0:27
	Lisa Weimann	Ej godk.	----	----	----	----	----	----	----	----	----	----	----	----	----
	IK Uven														
<b>GD18 (1)</b>		<b>4600 m</b>													
		1(156)	2(150)	3(53)	4(46)	5(47)	6(114)	7(115)	8(139)	9(170)	10(200)	M			
	Louise Perleroth	Ej godk.	6:50	13:21	----	----	----	----	----	----	----	----	----	----	----
	OK Landehof		6:50	6:31											
<b>GD16 (8)</b>		<b>4000 m</b>													
		1(154)	2(146)	3(54)	4(45)	5(47)	6(67)	7(59)	8(128)	9(138)	10(171)	11(200)	M		
1	Erika Lindqvist	45:37	2:09	8:34	15:28	17:55	21:10	25:03	33:16	37:03	41:01	44:28	45:15	45:37	
	Sävedalens AIK		2:09	6:25	6:54	2:27	3:15	3:53	8:13	3:47	3:58	3:27	0:47	0:22	
2	Linnea Wahlgren	51:00	2:31	10:10	18:41	21:11	24:56	28:23	37:56	41:44	46:14	49:28	50:38	51:00	
	Sjövalla FK		2:31	7:39	8:31	2:30	3:45	3:27	9:33	3:48	4:30	3:14	1:10	0:22	
3	Emmeli Axmalm	57:50	2:03	10:05	19:05	21:20	24:34	28:21	41:16	46:45	52:42	56:31	57:29	57:50	55:40
	Sävedalens AIK		2:03	8:02	9:00	2:15	3:14	3:47	12:55	5:29	5:57	3:49	0:58	0:21	*170
4	Filippa Spånér	1:01:43	2:05	11:11	23:48	26:33	30:30	34:41	47:22	50:44	55:58	1:00:14	1:01:18	1:01:43	
	Sävedalens AIK		2:05	9:06	12:37	2:45	3:57	4:11	12:41	3:22	5:14	4:16	1:04	0:25	
5	Hanna Wadsten	1:05:34	2:04	10:53	20:00	21:53	26:47	31:22	41:37	44:57	58:46	1:03:38	1:05:04	1:05:34	
	OK Landehof		2:04	8:49	9:07	1:53	4:54	4:35	10:15	3:20	13:49	4:52	1:26	0:30	
6	Madeleine Attfors	1:07:20	2:16	9:46	19:44	22:36	28:01	35:03	50:25	54:30	1:01:23	1:05:31	1:06:51	1:07:20	
	Sävedalens AIK		2:16	7:30	9:58	2:52	5:25	7:02	15:22	4:05	6:53	4:08	1:20	0:29	
7	Klara Åhsberg-Ottosson	1:09:30	6:23	14:54	23:51	25:45	30:49	35:17	45:31	48:52	1:02:48	1:07:40	1:09:06	1:09:30	1:02:09
	Sjövalla FK		6:23	8:31	8:57	1:54	5:04	4:28	10:14	3:21	13:56	4:52	1:26	0:24	*139
	Frida Brogren	Ej godk.	3:16	13:13	20:16	22:24	28:39	32:06	48:43	51:25	57:07	----	1:01:12	1:01:34	1:00:11
	Kungälv OK		3:16	9:57	7:03	2:08	6:15	3:27	16:37	2:42	5:42		4:05	0:22	*170

Pl	Namn	Tid	1(148)	2(56)	3(62)	4(129)	5(126)	6(134)	7(137)	8(171)	9(200)	M
<b>GD14 (4) 3300 m</b>												
<b>1</b>	<b>Daniell Fröstad</b>	<b>33:53</b>	5:22	<b>12:27</b>	18:40	24:36	26:57	28:44	<b>30:24</b>	<b>32:30</b>	<b>33:28</b>	<b>33:53</b>
	Kungälv's OK		5:22	<b>7:05</b>	6:13	5:56	<b>2:21</b>	<b>1:47</b>	<b>1:40</b>	<b>2:06</b>	<b>0:58</b>	<b>0:25</b>
<b>2</b>	<b>Klara Pålsson</b>	<b>34:41</b>	5:22	12:36	<b>17:28</b>	<b>22:54</b>	<b>25:26</b>	<b>27:18</b>	30:44	33:09	34:16	34:41
	Kungälv's OK		5:22	7:14	<b>4:52</b>	<b>5:26</b>	2:32	1:52	3:26	2:25	1:07	<b>0:25</b>
<b>3</b>	<b>Johanna Anderson</b>	<b>35:45</b>	<b>5:17</b>	13:16	18:19	24:02	27:34	30:04	31:59	34:18	35:19	35:45
	Lerums SOK		<b>5:17</b>	7:59	5:03	5:43	3:32	2:30	1:55	2:19	1:01	0:26
	Hanna Djerf	<b>Ej godk.</b>	5:56	16:28	21:20	35:25	-----	-----	-----	-----	44:03	44:31
	Lerums SOK		5:56	10:32	<b>4:52</b>	14:05					8:38	0:28